

**KINESIOLOGY**

**Physical Education Option, B.S. (120 Units)**

Valid for Catalog Years: 2018/2019 to 2019/2020

\*Official planning guide approved by the College of Health & Human Services

For assistance or to schedule an advising appointment, please contact the **Department of Kinesiology** at 559-278-2016, South Gym 112  
**HHS Advising and Career Development Center:** 559-278-5027, McLane Hall 194

Units	Freshman		Sophomore		Junior		Senior	
	Fall 14-17	Spring 15-18	Fall 15-17	Spring 15-19	Fall 12-17	Spring 15-19	Fall 15-18	Spring 15-16
<b>Milestones</b>				KINES 1, 31, 32 (with KAC 4, 6 or 103), 35	KINES 110, KAC Areas A, B, & C If taking BIOL 67A/67B CHEM 1A or 3A and BIOL 1A	KINES 33, 35 (or BIOL 33 or BIOL 67A & 67B) KINES 120	KINES 116, 118, 122, 123, 131	
<b>General Education</b>	<b>A1 (3 Units)</b> Oral Communication *Must pass with a C or better	<b>A3 (3 Units)</b> Critical Thinking *Must pass with a C or better	<b>C1 (3-4 Units)</b> Arts	<b>B1 (3-4 Units)</b> Physical Sciences	<b>IB (3 Units)</b> Physical Universe & Its Life Forms	<b>IC (3-4 Units)</b> Arts & Humanities	<b>ID (3-4 Units)</b> Social, Political, & Economic Institutions	
	<b>A2 (3 Units)</b> Written Communication *Must pass with a C or better	<b>C2 (3-4 Units)</b> Humanities	<b>C1/C2 (3-4 Units)</b> Arts or Humanities	<b>B3 (0-3 Units)</b> Lab				
	<b>B2 (3-4 Units)</b> Life Sciences	<b>D3 (3 Units)</b> Social Science		<b>D1 (3 Units)</b> American History				
	<b>B4 (3-4 Units)</b> Quantitative Reasoning *Must pass with a C or better			<b>D2 (3 Units)</b> American Government				
<b>Major</b>	<b>KAC Area A (1 Unit)</b> KAC 40, 41, 43, 44, 47, 49, or 50	<b>KINES 1 (3 Units)</b>	<b>KINES 31 (3 Units)</b>	<b>KINES 110 (3 Units)</b> [Pre-Req: KINES 1 (or 20 & 25), 31, 32, 35]	<b>KINES 33 (3 Units)</b>	<b>KINES 122 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	<b>KINES 123 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	<b>KINES 144 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C]

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	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
Units	14-17	15-18	15-17	15-19	12-17	15-19	15-18	15-16
Major	<b>KAC Area B (1-2 Units)</b> KAC 10, 12, 13; DANCE 115, 117A, 155A, 158A; or CLAS 107	<b>KINES 35 (3 Units)</b> or <b>BIOL 33 (5 Units)</b>	<b>GE Area E KINES 32 &amp; KAC 4, 6, or 103 (3 Units)</b> Lifelong Understanding & Self Development	<b>KINES 118 (3 Units)</b> [Pre-Req: KINES 35, BIOL 33, (BIOL 64 & 65), or (PHTH 119 & BIOL 65)]	<b>KINES 120 (3 Units)</b> [Pre-Req: KINES 31, 32, 35, 110; KAC Area A, B, C]		<b>KINES 131 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	<b>KINES 159 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C]
			<b>KINES 116 (3 Units)</b> [Pre-Req: KINES 35, BIOL 33, BIOL 64, PHTH 119, or PHTH 125]					<b>KINES 126 (3 Units)</b> [Pre-Req: KINES 1, 31, 32 & KAC 103, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B; KAC 4 or swim competence]
Additional Graduation Requirements					<b>UDWS (0-4 Units)</b> *Upper Division Writing Exam OR "W" Course (must pass with a C or better)			
						<b>Elective</b>	<b>Elective</b>	<b>MI (3 Units)</b> Multicultural/International
						<b>Elective</b>	<b>Elective</b>	<b>Elective</b>
						<b>Elective</b>		

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	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
	14-17	15-18	15-17	15-19	12-17	15-19	15-18	15-16

**FOOTNOTES:**

**Prerequisites/Corequisites:** Other restrictions may apply. Please see your course catalog for detailed prerequisite/corequisite requirements.

**Grade Requirements:** CR/NC grading is not permitted in courses for the Kinesiology major, except in those courses which are designated CR/NC grading only. A grade of C or higher in all required coursework is necessary for successful completion of the major. Any course required as a prerequisite must be completed with a grade of C or better before registration in the subsequent course.

**General Education:** Units in this area may be used toward a minor (see departmental minors) or supplemental credential. Consult the appropriate department chair, program coordinator, or faculty adviser for further information.

**Electives (19-24 units):** Units in this area may be used toward a double major or minor. Students must earn a minimum of 120 units total to graduate. The number of required elective units may vary, depending on the amount of units earned from major and GE courses.

**Upper Division Writing Skills requirement (UDWS):** All undergraduate students must demonstrate competency in writing skills by passing the Upper Division Writing Exam (UDWE) or by obtaining a C or better in an approved upper division writing course, identified by the letter "W."

**Substitutions:** If substitutions/exceptions/waivers are made for any major courses that also meet GE and/or the Multicultural/International graduation requirement, the student is responsible for completing additional courses to satisfy the respective areas (GE and/or MI). This also includes the upperdivision writing requirement.

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<b>General Education</b>	<b>A1 (3 Units)</b> Oral Communication *Must pass with a C or better	<b>A3 (3 Units)</b> Critical Thinking *Must pass with a C or better	<b>C1 (3-4 Units)</b> Arts	<b>B1 (3-4 Units)</b> Physical Sciences	<b>IB (3 Units)</b> Physical Universe & Its Life Forms	<b>IC (3-4 Units)</b> Arts & Humanities	<b>ID (3-4 Units)</b> Social, Political, & Economic Institutions	<b>MI (3 Units)</b> Multicultural/International
	<b>A2 (3 Units)</b> Written Communication *Must pass with a C or better	<b>C2 (3-4 Units)</b> Humanities	<b>C1/C2 (3-4 Units)</b> Arts or Humanities	<b>B3 (0-3 Units)</b> Lab				
	<b>B2 (3-4 Units)</b> Life Sciences	<b>D3 (3 Units)</b> Social Science		<b>D1 (3 Units)</b> American History				
	<b>B4 (3-4 Units)</b> Quantitative Reasoning *Must pass with a C or better			<b>D2 (3 Units)</b> American Government				
<b>Major</b>	<b>KAC Area A (1 Unit)</b> KAC 40, 41, 43, 44, 47, 49, or 50	<b>KINES 1 (3 Units)</b>	<b>KINES 31 (3 Units)</b>	<b>KINES 110 (3 Units)</b> [Pre-Req: KINES 1 (or 20 & 25), 31, 32, 35]	<b>KINES 33 (3 Units)</b>	<b>KINES 122 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	<b>KINES 123 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]	<b>KINES 144 (3 Units)</b> [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C]

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<b>Units</b>	<b>KAC Area B (1-2 Units) KAC 10, 12, 13; DANCE 115, 117A, 155A, 158A; or CLAS 107</b>	<b>KINES 35 (3 Units) or BIOL 33 (5 Units)</b>	<b>GE Area E KINES 32 &amp; KAC 4, 6, or 103 (3 Units) Lifelong Understanding &amp; Self Development</b>	<b>KINES 118 (3 Units) [Pre-Req: KINES 35, BIOL 33, (BIOL 64 &amp; 65), or (PHTH 119 &amp; BIOL 65)]</b>	<b>KINES 120 (3 Units) [Pre-Req: KINES 31, 32, 35, 110; KAC Area A, B, C]</b>		<b>KINES 131 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C]</b>	<b>KINES 159 (3 Units) [Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C]</b>
<b>Major</b>			<b>KINES 116 (3 Units) [Pre-Req: KINES 35, BIOL 33, BIOL 64, PHTH 119, or PHTH 125]</b>					<b>KINES 126 (3 Units) [Pre-Req: KINES 1, 31, 32 &amp; KAC 103, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B; KAC 4 or swim competence]</b>
<b>Electives</b>					<b>UDWS (0-4 Units) *Upper Division Writing Exam OR "W" Course (must pass with a C or better)</b>	<b>Elective</b>	<b>Elective</b>	
					<b>Elective</b>	<b>Elective</b>	<b>Elective</b>	<b>Elective</b>
						<b>Elective</b>		

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