

# Health and Psychological Services

## Services

University Health and Psychological Services provides outpatient clinical medical care and, separately, psychological counseling services to university students in accordance with policies set by the board of trustees of The California State University.

Students, on a cost-sharing basis, contribute to the operation of the center by paying at the time of registration each semester a mandatory health fee, which may be used only to support the student health program. Thereafter, the student pays little further for most services provided within the Health Center. The Health Center has prepared a brochure that gives more details regarding services available and charges, if any, for such services. The brochure is available at the center or at various locations on campus.

## Facilities

The Health Center is uniquely designed as a medical building with well-equipped doctors' offices and examination rooms linked by a computer-based medical management system. Up-to-date laboratory, X-ray, pharmacy, and physical therapy facilities are located in the building.

## Staff

Fully qualified staff members meet your health care needs. The staff includes full-time physicians (including specialists in internal medicine and family practice), nurse practitioners, nurses, pharmacists, a physical therapist, health educators, clinical laboratory and X-ray technologists, and a medically knowledgeable and sensitive clerical staff. Part-time physician consultants in psychiatry, radiology, and dermatology may also be available.

Counselors are professionals trained in counseling, social work, and psychology who assist students in acquiring a wide range of skills in life management, career and life planning, and personal development and growth. Through counseling,

students are provided with the opportunity to discover more about themselves, where they want to go, and better ways of getting there. The center's services are *not* related to academic or class counseling; academic counseling is not offered at the Health Center.

## Appointments and Consent to Treat

You may make appointments in person or by telephone. If you are under the age of 18, your parents may have consent to your treatment.

## Women's Health

The Health Center provides a range of services to meet a woman's unique medical needs: comprehensive examination, laboratory testing, Pap tests, counseling, and consultation. Availability of services may vary during the school year depending upon staffing and patient requirements. Contact the Health Center for a specific appointment.

## Pharmacy

Prescriptions/nonprescriptions are available for a modest fee.

## Physical Therapy

This popular service generally is available by referral from a Health Center physician only. There is a modest charge for such services. Address specific questions to the Health Center staff.

## Immunizations

The Health Center provides immunizations when clinically indicated. A charge may be necessary for some services. This includes administering allergy shots to students who have their own medications. Be sure to bring your immunization record with you to the Health Center.

## Summer Care

You may be eligible for services during the summer when enrolled. There is a mandatory one-time fee for such services paid at the time of registration. Continuing students not enrolled during the summer may also be seen on a per-visit charge basis. Call ahead to determine your eligibility for care.

## Health Insurance

You may purchase an insurance protection plan for emergency illness and accidental injury during hours that the Health Center is closed. Sponsored by the Associated Students, this program provides coverage for hospital benefits, medical, surgical, and related services for any illness or accident.

## Health Education Information

If you are concerned with a health-related problem, you are encouraged to consult with the Health Center staff. They will either answer your questions or direct you to someone who can. Full-time health educators develop and coordinate health education programs. Health education literature is available in the Health Center and in the University Student Union. ❖



*Qualified staff members offer on-site health care.*