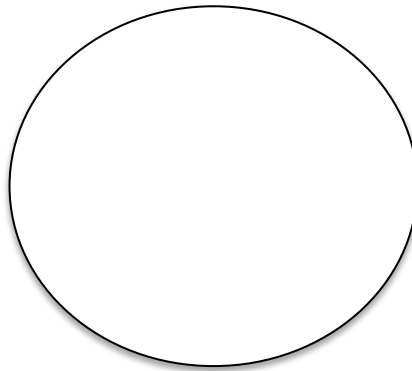


**Step One**

What did you see?

- Green Zone What/When? \_\_\_\_\_
- Red Zone What/When? \_\_\_\_\_
- Blue Zone What/When? \_\_\_\_\_
- Combo Zone What/When? \_\_\_\_\_



**Step Two**

PARENT-CHILD RELATIONSHIP MILESTONES

Child: \_\_\_\_\_ Caregiver: \_\_\_\_\_ Examiner: \_\_\_\_\_ Date: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

	1	2	3	4	5	6
<b>Place an X in the box that matches the milestone and achievement levels</b>	Age appropriate under all conditions, including stress, with a full range of emotions	Age appropriate but vulnerable to stress and/or constricted range of emotions	Has capacity but not at age appropriate level	Inconsistent/needs sensorimotor support and structure to function at this capacity	Barely evidences capacity even with support	Has not reached this level
<b>Functional Capacities</b>	<b>BOTTOM-UP</b>					
<b>Level 1. Getting Calm (Green Zone) Together</b> (by 3 months)	These functions are built upon the capacity to be calm together					
<b>Level 2. When calm, able to make eye contact &amp; look at faces</b> (by 3 months)						
<b>Level 3. When making eye contact, able to share joy &amp; fall in love</b> (by 5 months)						
<b>Level 4. When sharing joy, able to create a continuous back and forth flow of communication ("circles")</b> (by 9 months)						
<b>Level 5. When in a flow, able to expand and read non-verbal emotional &amp; gestural cues</b> (by 13 to 18 months)						
	<b>TOP-DOWN</b>					
<b>Level 6. When reading cues, able to share feelings with others through pretend play and/or by talking</b> (by 24 to 36 months)						
<b>Level 7. When sharing feelings, able to make-sense and solve problems together</b> (by 36 to 48 months)						

**Mapping Out the Three Steps (K)**

<b>Step Three</b>	
<b>Body (Regulation)</b> . . . . .	<b>Feelings (Relevance)</b> . . . . .
<b>Sensations (Sensory)</b> . . . . . .	<b>Thoughts/Planning (Executive)</b> . . . . . .