

Press Release for Sports Medicine Forum



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FOR IMMEDIATE RELEASE

May 18, 2006

Contact: Shirley Melikian Armbruster
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Sports medicine in Central California is forum topic May 18

The future of sports medicine in Central California will be among the topics discussed at a community forum and panel discussion Thursday sponsored by the College of Health and Human Services at California State University, Fresno.

The event will be from 3:30 to 5:30 p.m. at the Piccadilly Inn University (Waldorf Room). Youth sport program coordinators, regional high school athletic directors, along with health and allied health care providers from the San Joaquin Valley will be present.

Also to be discussed is exploration of the development of a new Central California Sports Medicine Institute. The College of Health and Human Services is exploring the development of an institute to address areas such as meeting the sports medicine needs of youth, offering continuing education opportunities for coaches and area providers, delivering cutting-edge research and expanding preventive services.

The keynote address at Thursday's forum will be given by Dr. Kathleen A. Curtis, director of the Central California Center for Health and Human Services and interim associate dean of the College of Health and Human Services.

A panel discussion on "The Future of Sports Medicine in the Central California Region" will be moderated by Dr. William Hennrikis of Central California Children's Hospital. Panelists will be Karen Sowby, athletic director at Clovis West High School; Dr. Steven Thaxter, Sierra Pacific Orthopedic Center; Dr. John Monteleone, Monteleone Sports Medicine; and Lance Hairabedian of Sports Center Community Hospital.

Topics during the general session include air quality and physical activity, screening for heart abnormalities in youth, contemporary assessments of concussions in youth, knee injuries and goals of the new institute.

For more information, please contact Brandie Campbell at: 559.278.7940



Presents

Central California Sports
Medicine Institute Forum

May 18, 2006
Piccadilly Inn-University

Agenda

3:30 pm – Keynote Address

Kathleen A. Curtis, P.T., Ph.D.
Director, Central California Center for Health and Human Services
Interim Associate Dean, College of Health and Human Services
California State University, Fresno

3:45 pm – General Session

Moderator Scott Sailor, Ed.D., ATC
Department of Kinesiology, California State University, Fresno

Presentations

Robert Pettitt, Ph.D., ATC, CSCS
Department of Kinesiology, California State University, Fresno

“What is the Central California Sports Medicine Institute?”

Melanie Sue
American Lung Association of Central California

“Air Quality Flag Program”

Miguel Rueda, MA, ATC
Department of Athletics, California State University, Fresno

“Neurocognitive Evaluation of the Concussed Athlete”

Samir Sairim, MD
Family and Community Medicine, UCSF Fresno

“EKG Screening in the Preparticipation Sports Physical”

Gary Lentell, DPT
Department of Physical Therapy, California State University, Fresno

“A Collaborate Research Model for Regional Sports Medicine Interests”

Break/Exhibits

We have arranged a showcase recent programs and sports medicine research conducted in the Central California Region.

4:30 pm – Panel Discussion: “*Directions for the Future of Sports Medicine in the Central California Region*”

Moderator

William Hennrikis, MD
Orthopaedic Surgeon, Central California Children’s Hospital

Panelists

Karen Sowby
Athletic Director
Clovis West High School

Steven Thaxter, MD
Orthopaedic Surgeon
Sierra Pacific Orthopaedic & Spine Center

John Monteleone, MD
Sports Medicine Physician
Monteleone Sports Medicine

Lance Hairabedian, Ed.M., ATC, PTA
Athletic Trainer
Community SPORT Center

Speaker Biographies

Kathleen A. Curtis, P.T., Ph.D.

Dr. Kathleen Curtis is Interim Associate Dean in the College of Health and Human Services at California State University, Fresno. Prior to her current position she has held appointments at Professor and Chair of the Department of Physical Therapy at Fresno State and Assistant Professor in the Department of Orthopaedics at the University of Miami School of Medicine. As part of her current role, she directs the Central California Center for Health and Human Services, and holds responsibility for College research development, management and reporting, external program planning and liaison activities.

Dr. Curtis has published extensively in the health-related research literature and is internationally recognized as a leader in prevention of secondary disabilities and sports injuries among wheelchair athletes. She was a member of the medical staff of the 1988 and 1992 United States Paralympic teams and also served as an international wheelchair basketball Classification Official at the 1996 Atlanta Paralympic Games, the 1998 World Championships and the 2000 Sydney Paralympic Games.

She is co-founder of the interdisciplinary Disability Studies Institute and Central Valley Health Policy Institute at California State University, Fresno. She recently completed a 10-year term as a member of the Executive Council of the International Wheelchair Basketball Federation. She has served as professional development consultant to dozens of universities and health care institutions nationally and internationally, including a Fulbright Program award to develop sports medicine training programs for athletes with disabilities with Jordan University and the Jordan Sports Federation for the Handicapped in Amman, Jordan.

Lance Hairabedian, Ed.M., ATC, PTA

Mr. Hairabedian is Community Liaison/Athletic Trainer/Physical Therapy Assistant with Community SPORT Center. He is a part-time lecturer in the Department of Kinesiology at California State University, Fresno (several upper division athletic training courses) and consults numerous ROP high school athletic training curriculums. Mr. Hairabedian has a BA in Athletic Training from California State University, Fresno and Ed.M. in Exercise Science/Education from Oregon State University (Phi Kappa Phi Honors Society). He is the former Supervisor of Athletic Training at Saint Agnes Medical Center and Sports Medicine Outreach Coordinator for HEALTHSOUTH Fresno. Mr. Hairabedian was born and raised in Fresno and was a Football and Track athlete at Hoover High School. He and his wife have two children.

William Hennrikus MD, FAAP, FAAOS

Dr. Hennrikus is an Associate Clinical Professor of Surgery at UCSF-Fresno Medical Education Program and the Medical Director of the Department of Orthopaedics and Sports Medicine at Children's Hospital. Dr. Hennrikus received his medical degree from Georgetown University. He completed his Orthopaedic Residency at the Naval Hospital in San Diego and his Fellowship at Boston Children's Hospital/Harvard University Orthopaedics. Dr. Hennrikus is Chairman of the American Academy of Pediatrics Orthopaedic Section and the Program Chairman of the Orthopaedic Section annual meeting. Dr. Hennrikus has authored over 50 articles and multiple book chapters. In 2000, he was selected as an inaugural Pediatric Society of North America traveling fellow to China. Dr. Hennrikus is a retired Captain in the Naval Reserves and a board member of the Society of Military Orthopaedic Surgeons. Dr. Hennrikus serves as a medical advisor to the Fresno Unified School District and a mentor for the UCSF-Fresno summer internship program. Dr. Hennrikus has coached youth soccer for 12 years. He enjoys skiing, hiking, and playing basketball with his wife Eileen and five wonderful children.

Gary Lentell, DPT

Dr. Lentell is a Professor in the Department of Physical Therapy at California State University, Fresno. He is an alumnus of Fresno State, where he completed his initial undergraduate training in physical therapy. He earned a Master of Science in Physical Therapy, and a Doctor in Physical Therapy, from Massachusetts General Hospital Institute of Health Professions. He has multiple publications in the Journal of Orthopedic and Sports Physical Therapy, and has developed and taught a wide range of undergraduate and graduate course offerings related to the practice of physical therapy in orthopedic settings. He currently practices through Children's Hospital of Central California. He has coached youth soccer at multiple levels, and enjoys being a fan for a wide range of youth sporting events carried out by his three daughters.

Robert Pettitt, Ph.D., ATC, CSCS

Dr. Robert Pettitt joined California State University, Fresno in August 2005 as an Assistant Professor of Kinesiology and currently serves as Program Director for the Athletic Training Education Program. He possesses a BS in Physical Education (Athletic Training) from State University of New York at Cortland, a MS in Human Performance (Biomechanics) from University of Wisconsin-La Crosse, and a Doctorate in Exercise and Sport Science (Exercise Physiology) from the University of Utah. Dr. Pettitt has published and presented on the prevention and treatment of common sports injuries, adaptive responses to eccentric exercise, and stress fractures. He has served as a project evaluator and statistical advisor for public and school health programs. Dr. Pettitt's current research focuses on oxygen uptake kinetics and energy expenditure.

Miguel Rueda, M.A., ATC

Mr. Miguel Rueda is Director of Sports Medicine for the Intercollegiate Athletics Program and serves as a Clinical Athletic Training Instructor at California State University, Fresno. His primary duties include the care and prevention of injuries for the football program and overseeing all areas of the Fresno State Sports Medicine program. Mr. Rueda received a BS from Boston University and in MA in Kinesiology from California State University, Fresno. He came to California State University, Fresno from Towson University, where he served as an athletic trainer. Prior to Towson, Mr. Rueda spent time with the Miami Dolphins of the National Football League and with Holy Cross. Mr. Rueda and his wife Andrea have three children.

Scott Sailor, Ed.D., ATC

Dr. Scott Sailor, ATC is an Assistant Professor in the Department of Kinesiology at California State University, Fresno. His primary teaching responsibilities are within the Athletic Training Education Program. Dr. Sailor's background is in athletic training and has worked as a Certified Athletic Trainer in multiple settings ranging from youth sports to NCAA Division IA and professional athletics. He has published extensively in the area of technology related to Kinesiology including serving as the technology column editor for the professional journal *Athletic Therapy Today*.

Dr. Sailor's research interests have chiefly addressed the assessment of students and faculty in allied health education programs, primarily related to clinical education. He has recently become involved in research projects looking into developing norms for gaze stabilization in the evaluation of high performance athletes (e.g., evaluation subsequent sports concussion). Dr. Sailor and his wife Stacey have three daughters active in youth sport.

Samir Sairim, MD

Dr. Samir Sairim is a second year Resident in the Department of Family & Community Medicine at UCSF-Fresno. He possesses a B.S. in Physiology & Neuroscience from UC San Diego and an MD from The American University of The Caribbean. Dr. Sairim's interests in Sports Medicine stem from a life of being active in the outdoors and in athletics. His particular interest is the physiology and treatment traumatic and strenuous sports injuries. He has a background in medical research and is interested in investigating the successes (*and failures*) of clinical diagnosis and treatment of injuries. His training as a Family Physician has taught him to think in terms of early diagnosis and prevention.

Karen Sowby

Mrs. Karen Sowby has lived in Fresno since 8th grade and graduated from Hoover High School. She went on to Brigham Young University where she played tennis, met her husband, and graduated with a Degree in Education. Her husband is the Department Chair in Health Science at California State University, Fresno.

Mrs. Sowby has been a professional educator for 25 years (stayed home for 10 to raise two children). She has worked in the Clovis Unified School district for 24 of those years; 18 years were spent in the classroom (7 in elementary and 11 in junior high). During her tenure she has coached tennis at the varsity level for 12 years, 8 spent at Clovis West. When Clovis East High School opened 7 years ago, Mrs. Sowby was hired as one of the Athletic Directors. Two years later, she transferred to Clovis West where she is completing her fifth year as its Athletic Director.

Melanie Sue

Melanie Sue is a Program Associate with the American Lung Association of Central California. Currently in her third year with the association, Ms. Sue works on various programs. These programs include the Air Quality Flag Program, the Together for Asthma Control Program, Freedom From Smoking cessation classes, and the Asthma Camps for children, teens, and families.

Steven T. Thaxter, MD

Dr. Thaxter is an orthopaedic surgeon with the Sierra Pacific Orthopaedic & Spine Center. Dr. Thaxter also serves as Assistant Clinical Professor with UCSF-Fresno, Department of Family and Community Medicine and Physician Assistant Preceptor with the Family Practitioner and Physician Assistant Program at UC Davis Medical Center. He received his medical degree from Vanderbilt University and his BA in Biophysics from University of California, Berkeley. Dr. Thaxter is a member on several regional and state medical societies and is a Fellow with the American Academy of Orthopaedic Surgeons.