

WADE D. GILBERT

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## WORK EXPERIENCE

California State University,  
Fresno

**Associate Professor – Sport Psychology / Pedagogy  
Director, Graduate Specialization in Sport Psychology**  
Department of Kinesiology  
August 2006 - present

California State University,  
Fresno

**Assistant Professor – Sport Psychology / Pedagogy  
Director, Graduate Specialization in Sport Psychology**  
Department of Kinesiology  
August 2000 – May 2006

University of California,  
Los Angeles

**Postdoctoral Fellowship - International Center for Talent  
Development**  
September 1999 – July 2000  
Center director: Dr. Tara Scanlan  
Duties included assisting in research, teaching, outreach,  
administration, organization and fundraising.

## EDUCATION

University of Ottawa

**Doctorate in Education (Psychopedagogy)**  
Degree obtained: 1999  
Thesis title:  
Connected Cycles of Reflection: The Experiential Learning  
Process used by Youth Team Sport Coaches to Develop  
Coaching Strategies  
Committee members: Dr. Pierre Trudel (School of Human  
Kinetics), Dr. Bradley Cousins (Faculty of Education), Dr.  
Raymond Leblanc (Faculty of Education), Dr. John Salmela  
(School of Human Kinetics), Dr. Marielle Tousignant (Laval  
University)

University of Ottawa

**Master of Arts (Human Kinetics)**  
Degree obtained: 1995  
Thesis title:  
An Inductive Analysis of Intramural Ice Hockey  
Officiating: A Case Study  
Committee members: Dr. Pierre Trudel (School of Human  
Kinetics), Dr. Terry Orlick (School of Human Kinetics), Dr. John  
Salmela (School of Human Kinetics)

University of Ottawa

**Bachelor of Physical Education (*Honours, Cum Laude*)**  
Degree obtained: 1993

## TEACHING AND RESEARCH AREAS

Coaching science	Coach education
Measurement and evaluation	Sport psychology
Physical activity behaviors	Talent development
Physical education	Youth sport

## TEACHING EXPERIENCE

### Graduate Courses

*Department of Kinesiology, California State University, Fresno*

KINES 231 – Research Methods in Kinesiology (5 times)  
KINES 250T – Psychopedagogy of Talent Development (2 times)  
KINES 263 – Psychology of Sport  
KINES 264 – Psychology of Coaching: Talent Development (2 times)  
KINES 265 – Psychobiology of Sport and Exercise (3 times)

*Faculty of Education, University of Ottawa*

APA 6100 – Qualitative Data Analysis in Sport Studies  
EDU 5190 – Introduction to Research (4 times)

*School of Human Kinetics, University of Ottawa*

APA 6100 - Qualitative Data Analysis in Sport Studies (2 times)

### Undergraduate Courses

*Department of Kinesiology, California State University, Fresno*

KINES 33 – Foundations of Sport & Exercise Psychology (3 times)  
KINES 109 – Motor Learning (4 times)  
KINES 120 – Planning Strategies in Physical Education (3 times)  
KINES 153 – Principles of Physical Education: Philosophical, Psychological, and Sociological  
KINES 162 – Coaching Concepts (2 times)  
KINES 159 – Measurement and Evaluation (6 times)

*International Center for Talent Development (ICTD), University of California, Los Angeles*

Psychology 194A – Research in Psychology  
SRP - Student Research Project (3 times)

*School of Human Kinetics, University of Ottawa*

APA 3162 - Coaching of Ice Hockey (2 times)  
APA 4100 – Undergraduate Research Project (2 times)  
    Characteristics of Optimal Offensive Attacks in Ice Hockey (Rodney Gilks)  
    Effectiveness of Point Allocation Strategy to reduce Violence in Ice Hockey (Dan Brice)

## ACADEMIC PUBLICATIONS

### *Refereed*

30. Kulikov-Hagobian, N.A., & Gilbert, W.D. (2008). **Influence of athlete gender on the coaching process of successful coaches of combined gender sports.** *International Journal of Coaching Science*, 2(1), 3-23.
29. Gilbert, W., Arenz, B., Coles, M., Gilbert, J. N., & Pettitt, R. (2007). **SHAPE: School-based Healthy Activity Program for Exercise.** *CAHPERD Journal*, 69(3), 18, 21-22.
28. Gilbert, J.N., Gilbert, W.D., Loney, B., Wahl, M.T., & Elizabeth, M. (2007). **Sport Psychology in an Urban High School: Overview of a Two-Year Collaboration.** *Journal of Education*, 187(1), 67-95.
27. Gilbert, J. N., Gilbert, W., & Morawski, C. (2007). **Coaching strategies for helping adolescent athletes cope with stress.** *Journal of Physical Education, Recreation, and Dance*, 78(2), 13-18, 24.
26. Gilbert, W. D., Côté, J., & Mallett, C. (2006). **Developmental paths and activities of successful sport coaches.** *International Journal of Sports Sciences and Coaching*, 1(1), 69-76.
25. Gilbert, W. D., & Trudel, P. (2005). **Learning to coach through experience: Conditions that influence reflection.** *The Physical Educator*, 62(1), 32-43.
24. Gilbert, W. D., with Jackson, C. (2004). **In search of an effective coaching style.** *USOC Olympic Coach*, 16(4), 16-17.
23. Gilbert, W. D., & Trudel, P. (2004). **Analysis of coaching science research published from 1970-2001.** *Research Quarterly for Exercise and Sport*, 75, 388-399.
22. Trudel, P., & Gilbert, W. (2004). **Communities of practice as an approach to foster ice hockey coach development.** In D.J. Pearsall & A.B. Ashare (Eds.), *Safety in ice hockey: Fourth volume ASTM STP 1446* (pp. 167-179). West Conshohoken, PA: ASTM International.
21. Gilbert, W. D., & Trudel, P. (2004). **Role of the coach: How model youth team sport coaches frame their roles.** *The Sport Psychologist*, 18, 21-43.
20. Culver, D. M., Gilbert, W. D., & Trudel, P. (2003). **A decade of qualitative research in sport psychology journals: 1990-2000.** *The Sport Psychologist*, 17, 1-15.
19. Hansen, B., Gilbert, W., & Hamel, T. (2003). **Successful coaches' views on motivation and motivational strategies.** *Journal of Physical Education, Recreation, and Dance*, 74(8), 44-48, 53.
18. Gilbert, W., & Graduate Class of 250T. (2001). **Elements of talent across domains.** *Journal of Excellence*, 5, 63-77. Retrieved from <http://www.zoneofexcellence.com/Journal/Issue5/index.html>

17. Gilbert, W., & Trudel, P. (2001). **Learning to coach through experience: Reflection in model youth sport coaches.** *Journal of Teaching in Physical Education*, 21, 16-34.
16. Trudel, P. Gilbert, W., & Tochon, F. (2001). **The use of video in the construction of knowledge and meaning in sport pedagogy research.** *International Journal of Applied Semiotics*, 2(1-2), 89-112.
15. Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). **Coaching strategies for youth sports. Part 1: Athlete behavior and athlete performance.** *Journal of Physical Education, Recreation and Dance*, 72(4), 29-33.
14. Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). **Coaching strategies for youth sports. Part 2: Personal characteristics, parental influence, and team organization.** *Journal of Physical Education, Recreation and Dance*, 72(5), 41-46.
13. Gaumont, S., Trudel, P., & Gilbert, W. (2000). **Amateur youth ice hockey coaches' views on rule infractions, aggressive play and injuries during games.** *Safety in Ice Hockey: Third Volume, ASTM STP 1341*, 261-273.
12. Gilbert, W., & Trudel, P. (2000). **A profile of rule infractions in bantam level ice hockey.** *Safety in Ice Hockey: Third Volume, ASTM STP 1341*, 291-301.
11. Gilbert, W., & Trudel, P. (2000). **Validation of the Coaching Model (CM) in a team sport context.** *International Sports Journal*, 4(2), 120-128.
10. Trudel, P., & Gilbert, W. (1999). **Compléter la formation des chercheurs avec le logiciel NUD.IST [Using the NUD.IST qualitative data analysis program to prepare researchers].** *Recherches Qualitatives*, 20, 87-111. Retrieved from [http://www.recherche-qualitative.qc.ca/Membres/Textes\\_PDF/20TrudelGilbert.pdf](http://www.recherche-qualitative.qc.ca/Membres/Textes_PDF/20TrudelGilbert.pdf)
9. Chouinard, N., Gilbert, W., Draper, S., & Blann, W. (1999). **Athletic scholarships for Canadian hockey players.** *Canadian Association for Health, Physical Education, Recreation and Dance Journal*, 65(2), 34-36.
8. Gilbert, W., & Trudel, P. (1999). **An evaluation strategy for coach education programs.** *Journal of Sport Behavior*, 22, 234-250.
7. Gilbert, W. D., Trudel, P., & Haughian, L. (1999). **Interactive decision making factors considered by coaches of youth ice hockey during games.** *Journal of Teaching in Physical Education*, 18, 290-311.
6. Trudel, P., & Gilbert, W. (1999). **From semiotic references to the computer lab: A qualitative entry into the academic joys of meaning making.** *International Journal of Applied Semiotics*, 1(special issue), 115-126.
5. Seaborn, P., Trudel, P., & Gilbert, W. (1998). **Instructional content provided to female ice hockey players during games.** *Applied Research in Coaching and Athletics Annual*, 13, 119-141.

4. Trudel, P., Haughian, L., & Gilbert, W. (1996). **L'utilisation de la technique du rappel stimulé pour mieux comprendre le processus d'intervention de l'entraîneur en sport [Use of the stimulated recall technique to better understand the intervention process in sport coaching]**. *Revue des sciences de l'éducation*, 22, 503-522.
3. Gilbert, W. D., Trudel, P., & Bloom, G. (1995). **Intramural ice hockey officiating: A case study**. *Avante*, 1(1), 61-75.
2. Gilbert, W., Trudel, P., & Gingras, A. (1995). **Current status of Canadian intramural ice hockey**. *Journal of the National Intramural-Recreational Sports Association*, 19(3), 34-37.
1. Trudel, P., & Gilbert, W. (1995). **Research on coaches' behaviors: Looking beyond the refereed journals**. *Avante*, 1(2), 94-106.

*Invited*

10. Trudel, P., Gilbert, W., & Werthner, P. (in press). **Coach education effectiveness**. In J. Lyle, & C. Cushion (Eds.), *Sport coaching: Professionalisation and practice*. London: Elsevier.
9. Gilbert, W. (2008). **Using stories in coach education: A commentary**. *International Journal of Sports Science and Coaching*, 3, 51-53.
8. Côté, J. & Gilbert, W. (2007). **Coaching and officiating for junior sport participants, (2<sup>nd</sup> ed.)**. In S. Hooper, D. Macdonald, & M. Phillips (Eds.), *Junior sport matters: Briefing papers for Australian junior sport* (pp-49-60). Belconnen: Australian Sports Commission
7. Gilbert, W. (2007). **Modeling the complexity of the coaching process: A commentary**. *International Journal of Sports Science and Coaching*, 2, 417-418.
6. Trudel, P., & Gilbert, W. D. (2006). **Coaching and coach education**. In D. Kirk, M. O'Sullivan, & D. McDonald (Eds.), *Handbook of Physical Education* (pp. 516-539). London: Sage.
5. Gilbert, W. D. (2006). **Commentary: An interview with USC Football coach Pete Carroll**. *International Journal of Sports Science and Coaching*, 1, 343-345.
4. Gilbert, W. D. (2006). **Introduction to special issue: Coach education**. *The Sport Psychologist*, 20, 123-125.
3. Gilbert, W., & Trudel, P. (2006). **The coach as a reflective practitioner**. In R.L. Jones (Eds.), *The Sports Coach as Educator: Re-conceptualising Sports Coaching* (pp. 113-127). London: Routledge.
2. Gilbert, W. D., with Martinez, D., & McCord, S. (2004). **Invited book review: Expert performance in sports: Advances in research on sport expertise**. *The Sport Psychologist*, 18, 110-111.
1. Gilbert, W. D. (2003). **An annotated bibliography and analysis of coaching science**. *International Journal of Volleyball Research*, 6(1), 24-36.

### Reports

3. Gilbert, W., & Trudel, P. (2006). **Pedagogical and Didactic Tools to Achieve The Millennium Development Goals (Mdg) Through Sports and Physical Education (Sped) Training: Experts Workshop Report**. New York: World Sports Alliance. Available: [http://aifomd.org/documents/Workshop\\_Report\\_12\\_08-2006.pdf](http://aifomd.org/documents/Workshop_Report_12_08-2006.pdf)
2. Coles, M., & Gilbert, W. (2005). **Obesity best practices report**. Fresno, CA: Central California Center for Health and Human Services. Available: <http://www.csufresno.edu/ccchhs/CCROPP/default.html?pubs.html>
1. Gilbert, W. D. (2002, June). **An annotated bibliography and analysis of coaching science: 1970-2001**. Washington, DC: American Alliance for Health, Physical Education, Recreation, and Dance. Available <http://www.aahperd.org/research/template.cfm?template=grantees.html>

This report is also published online through the International Council of Sport Science and Physical Education.

< <http://www.icsspe.org/index.php?m=13&n=77&o=71> >

### Non-refereed

8. Gilbert, W., Niino, A., Wahl, M-T., Conway, M., Biletnikoff, F., & Côté, J. (2004, January). **Role of experience in coach development**. *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/archives/coaching/010104.htm>
7. Kulikov, N. A., & Gilbert, W. (2004, January). **Influence of athlete gender on the coaching process of successful coaches of combined gender sports**. *Pelinks4U*. Retrieved <http://www.pelinks4u.org/archives/coaching/010104.htm>
6. Gilbert, W. (2003, May). **Motivation through positive coaching**. *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/articles/gilbert/090102coachingarticle.html>.
5. Gilbert, W. (2002, September). **The science of coaching**. *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/articles/gilbert/090102coachingarticle.html>
4. Gilbert, W., & Trudel, P. (1999). **Framing the construction of coaching knowledge in experiential learning theory** [18 paragraphs]. *Sociology of Sport On-line*, 2(1). Retrieved from <http://physed.otago.ac.nz/sosol/v2i1/v2i1.htm>
3. Gilbert, W., Trudel, P., Gaumont, S., & Larocque, L. (1999). **Development and application of an instrument to analyze coaches' pedagogical content interventions**. [35 paragraphs]. *Sociology of Sport On-line*, 2(2). Retrieved from <http://physed.otago.ac.nz/sosol/v2i2/v2i2.htm>
2. Gilbert, W., & Bonadie, J. (1996). **Extending the coach's role during competitions: Moving beyond observation and team management**. *Journal for the Ontario Physical and Health Education Association*, Autumn, 32-34.

1. Gilbert, J., & Gilbert, W. (1996). **Skill analysis: A coach's most valued possession.** *Journal for the Ontario Physical and Health Education Association, Autumn*, 36-38.

*Submitted for Publication*

3. Boon, A., & Gilbert, W. (2008). **Citizenship through sport: The role of coaches and administrators.** *California Association for Health, Physical Education, Recreation and Dance Journal.*
2. Wilson, K. A., Gilbert, J. N., Sailor, S. R., & Gilbert, W. D. (2007). **College athletic directors' perceptions of sport psychology consulting.** *The Sport Psychologist.*
1. Smith, A., Gilbert, W., Pettitt, B., & Gilbert, J. N. (2007). **Body appearance attitudes among urban middle school youth.** *Body Image.*

*Manuscripts in Preparation*

1. Horn, C. M., Gilbert, J. N., Lewis, D. K., & Gilbert, W. D. (2008). **Psychological skills training with community college athletes: The UNIFORM approach.** *The Sport Psychologist.*

*Conference Proceedings*

42. Gilbert, J. N., Gilbert, W., Lewis, D. K., Loney, B. S., Horn, C., Glynn, B. A., & McCormick, J. P. (2008). **UNIFORM: A mental skills training curriculum for high school and beyond.** In Association for Applied Sport Psychology 2008 conference proceedings (p. 17). Madison, WI: Association for Applied Sport Psychology.
41. Loney, B., Gilbert, J. N., Gilbert, W., & Lewis, D. (2007). **The UNIFORM: A high school sport psychology intervention.** In Association for Applied Sport Psychology 2007 conference proceedings (p. 27). Madison, WI: Association for Applied Sport Psychology.
40. Wahl, M.T., Gilbert, J. N., Gilbert, W., & Pettitt, R. (2007). **Spirituality and sport commitment.** In Association for Applied Sport Psychology 2007 conference proceedings (p. 28). Madison, WI: Association for Applied Sport Psychology.
39. Smith, A.E. Gilbert, W., Gilbert, J. N., Pettitt, R., & Baldis, M. (2007). **Physical activity and health related attitudes, perceptions, and behaviors of urban middle school students.** In Association for the Advancement of Applied Sport Psychology 2006 conference proceedings (p. 67). Madison, WI: Association for the Advancement of Applied Sport Psychology.
38. Tsouloupas, C. N., Gilbert, W., Smith, A., Gilbert, J. N., Coles, M. G., Pettitt, R., Arenz, B., & Pangrazi, R. (2006). **School-based healthy activities program for exercise: Phase 2.** In G. T. Papanikos (Ed.), *An Amalgam of Sports & Exercise Research* (pp. 291-300). Athens, Greece: Atiner.
37. Wilson, K. A., Gilbert, J. N., Sailor, S. R., & Gilbert, W. (2006). **National Collegiate Athletic Association Division I Athletic Directors' Perceptions of Sport Psychology**

- Consulting.** In Association for the Advancement of Applied Sport Psychology 2006 conference proceedings (p. 96). Madison, WI: Association for the Advancement of Applied Sport Psychology.
36. Baxter, W., Gilbert, W., Gilbert, J. N., & Hamel, T. (2006). **Scholarly Activity in Sport Psychology from 1995-2005.** In Association for the Advancement of Applied Sport Psychology 2006 conference proceedings (p. 96). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  35. Tsouloupas, C. N., Gilbert, W., Arenz, B., Coles, M. G., Gilbert, J. N., Pettitt, R., Smith, A., & Pangrazi, R. (2006). **School-based Social-psychological Intervention to promote fitness efficacy.** In Association for the Advancement of Applied Sport Psychology 2006 conference proceedings (p. 103). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  34. Lichtenwaldt, L., Gilbert, W., Gilbert, J.N., & Zelezny, L. (2006). **Developmental pathways of high school varsity basketball and cross-country coaches.** In Association for the Advancement of Applied Sport Psychology 2006 conference proceedings (p. 107). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  33. Gilbert, J.N., Gilbert, W., Hamel, T., Kerr, S., Lichtenwaldt, L., Martinez, D., Mattox, K., McRae, A., Reeves, S., Tsouloupas, C. (2005). **Sport psychology in high school: Curriculum design and lessons learned.** In Association for the Advancement of Applied Sport Psychology 2005 conference proceedings (p. 31). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  32. McCord, S., & Gilbert, W. (2005). **School-based healthy activities program for exercise (SHAPE).** In Association for the Advancement of Applied Sport Psychology 2005 conference proceedings (p. 38). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  31. McRae, A., & Gilbert, W. (2005). **The keys to success: Coaching styles of professional North American, championship team sport coaches.** In Association for the Advancement of Applied Sport Psychology 2005 conference proceedings (p. 89). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  30. Muller, J., Rodrigues, A., Gilbert, W., & Jones, C. (2005). **Attributional styles of exercisers versus non-exercisers.** In Association for the Advancement of Applied Sport Psychology 2005 conference proceedings (p. 106). Madison, WI: Association for the Advancement of Applied Sport Psychology.
  29. Gilbert, J.N, Gilbert, W., Hamel, T., Johnson, C., Mattox, K., & Meyer, S. (2004). **Developing a graduate sport psychology program.** In Association for the Advancement of Applied Sport Psychology 2004 conference proceedings (p. 38). Middleton, WI: Association for the Advancement of Applied Sport Psychology.
  28. Gilbert, W. (2004). **Current developments in coach education programs using a coaching context-based approach.** In Association for the Advancement of Applied Sport Psychology 2004 conference proceedings (p. 8). Middleton, WI: Association for the Advancement of Applied Sport Psychology.

27. Gilbert, W., Trudel, P., Bloom, G. Jones, R., Cushion, C., & Potrac, P. (2004). **Current research perspectives on coach development**. In Association for the Advancement of Applied Sport Psychology 2004 conference proceedings (p. 8). Middleton, WI: Association for the Advancement of Applied Sport Psychology.
26. Kerr, S., & Gilbert, W. (2004). **Training approaches and behaviors of successful high school girls' golf coaches**. In Association for the Advancement of Applied Sport Psychology 2004 conference proceedings (p. 80). Middleton, WI: Association for the Advancement of Applied Sport Psychology.
25. Gilbert, W., Niino, A., Wahl, M-T., & Conway, M. (2003). **Developmental activity profiles of successful coaches**. In Association for the Advancement of Applied Sport Psychology 2003 conference proceedings (p. 87). Denton, TX: RonJon.
24. Hansen, B., Gilbert, W., & Hamel, T. (2003). **The meaning of motivation and motivational strategies in Division 1 men's college basketball**. In Association for the Advancement of Applied Sport Psychology 2003 conference proceedings (p. 101). Denton, TX: RonJon.
23. Barton, D., & Gilbert, W. (2003). **In-service professional training for physical education teachers and coaches**. CAHPERD Journal/Times, 66(2), 17-18.
22. Côté, J., Robertson-Wilson, J., Deakin, J., Gilbert, J. N., Gilbert, W. D., Harada, C., Marchbanks, G., & Niino, A. (2002). **Developmental characteristics of sport involvement: Profiles of athletes, parents, and coaches**. In Association for the Advancement of Applied Sport Psychology 2002 conference proceedings (p. 7). Denton, TX: RonJon.
21. Côté, J., Robertson-Wilson, J., Gilbert, J. N., & Gilbert, W. (2002). **Tracing the development of athletes, parents, and coaches with structured interview protocols**. In Association for the Advancement of Applied Sport Psychology 2002 conference proceedings (p. 7). Denton, TX: RonJon.
20. Gilbert, J. N., Côté, J., Harada, C., Marchbanks, G., & Gilbert, W. D. (2002). **Comparison of developmental activities of NCAA Division I and recreational baseball players**. In Association for the Advancement of Applied Sport Psychology 2002 conference proceedings (p. 7). Denton, TX: RonJon.
19. Niino, A., Gilbert, W. D., & Côté, J. (2002). **Development of successful high school softball coaches**. In Association for the Advancement of Applied Sport Psychology 2002 conference proceedings (p. 8). Denton, TX: RonJon.
18. Gilbert, J. N., Gilbert, W. D., & Morawski, C. (2002). **Coping strategies of female adolescent soccer athletes**. Research Quarterly for Exercise and Sport, 73(S1), A-89.
17. Gilbert, W. D., Conway, M., Niino, A., & Perry, N. (2002). **An overview of three decades of research with coaches: 1970-2001**. Research Quarterly for Exercise and Sport, 73(S1), A-15.

16. Gilbert, W. D., Kulikov, N., Niino, A., Trudel, P., & Côté, J. (2002). **Tracing the development of expertise in coaching**. *Research Quarterly for Exercise and Sport*, 73(S1), A-90.
15. Collet, L. A., Cottle, S., & Gilbert, W. (2001). **Reasons for commitment and disengagement in Division 1-A college baseball**. In Association for the Advancement of Applied Sport Psychology 2001 conference proceedings (p. 75). Denton, TX: RonJon.
14. Gilbert, J. N., Gilbert, W., & Morawski, C. (2001). **Sources of stress for the female adolescent athlete**. In Association for the Advancement of Applied Sport Psychology 2001 conference proceedings (p. 60). Denton, TX: RonJon.
13. Kulikov, N., & Gilbert, W. (2001). **Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches**. In Association for the Advancement of Applied Sport Psychology 2001 conference proceedings (p. 52). Denton, TX: RonJon.
12. Rice, L., & Gilbert, W. (2001). **Defining and achieving balance for mothers in athletics**. In Association for the Advancement of Applied Sport Psychology 2001 conference proceedings (p. 84). Denton, TX: RonJon.
11. Gilbert, W., Fournier, J., Côté, J., Salmela, J., & Trudel, P. (2000). **An integrative approach to examining the development of coaching excellence**. In Association for the Advancement of Applied Sport Psychology 2000 conference proceedings (pp. 32-33). Denton, TX: RonJon.
10. Gilbert, W. (2000). **Mapping the developmental paths of youth sport coaching excellence**. In Association for the Advancement of Applied Sport Psychology 2000 conference proceedings (p. 34). Denton, TX: RonJon.
9. Gilbert, J., Gilbert, W., & Morawski, C. (2000). **Team dynamics as a critical source of stress for female adolescent soccer athletes**. In Association for the Advancement of Applied Sport Psychology 2000 conference proceedings (p. 56). Denton, TX: RonJon.
8. Gilbert, J. N., Gilbert, W., & Morawski, C. (1999). **Adolescent female soccer players' views on stress and coping**. In Association for the Advancement of Applied Sport Psychology 1999 conference proceedings (p. 86). Denton, TX: RonJon.
7. Gilbert, W., Trudel, P. & Gilbert, J. (1998). **Youth coaches and sport psychology: From challenges to professional growth**. *Journal of Applied Sport Psychology*, 10 (Supplement),\_S68.
6. Gaumont, S., Trudel, P., Gilbert, W., & Larocque, L. (1998) **Insight into coaches' thoughts: Factors that influence the interactive decisions of youth ice hockey coaches during practices**. *Journal of Applied Sport Psychology*, 10 (Supplement), S162.
5. Gilbert, W., & Trudel, P. (1997). **A case study of elite team sport coaching**. *Journal of Applied Sport Psychology*, 9 (Supplement), S96.
4. Gilbert, W. (1996). **Measuring knowledge transfer following exposure to a coaching education program**. *Journal of Applied Sport Psychology*, 8 (Supplement), S92.

3. Trudel, P., Gilbert, W., Gaumont, S., Lapierre, M., Seaborn, P., Wilcox, S., & Haughian, L. (1996). **Research into the pedagogical aspect of amateur ice hockey coaching.** *Journal of Applied Sport Psychology*, 8 (Supplement), S90.
2. Gilbert, W., Trudel, P., & Bloom, G. (1995). **Factors affecting decision making and rule enforcement in ice hockey officiating.** *Journal of Applied Sport Psychology*, 7 (Supplement), S64.
1. Trudel, P., Gilbert, W., & Donohue, J. (1995). **A look at 20 years of studies on coaches' behaviors.** *Journal of Applied Sport Psychology*, 7 (Supplement), S117.

## CONFERENCE PRESENTATIONS

### *Refereed*

64. **Teaching life skills through a civic engagement program: The uniform approach.** (Gilbert, J. N., & Gilbert, W.). American Democracy Project held in June in Snowbird, UT, 2008.
63. **Increasing civic engagement for students and teachers through school-based physical activity programs.** (Gilbert, W. & Gilbert, J. N.). American Democracy Project held in June in Snowbird, UT, 2008.
62. **The UNIFORM: A High School Sport Psychology Intervention.** (Loney, B., Gilbert, J. N., Gilbert, W., & Lewis, D.). Association for Applied Sport Psychology held in October in Louisville, KY, 2007.
61. **Physical Activity and Health Related Attitudes, Perceptions, and Behaviors of Urban Middle School Students.** (Smith, A. E., Gilbert, W., Gilbert, J. N., Pettitt, R., & Baldis, M.). Association for Applied Sport Psychology held in October in Louisville, KY, 2007.
60. **Spirituality and sport commitment.** (Wahl, M.T., Gilbert, J. N., Gilbert, W., & Pettitt, R.). Association for Applied Sport Psychology held in October in Louisville, KY, 2007.
59. **SHAPE: School-based Healthy Activity Program for Exercise.** (Coles, M., Gilbert, W., Gilbert, J.N., & Pettitt, R.). Annual Meeting of the American College of Sports Medicine held in May in New Orleans, LA, 2007.
58. **National Collegiate Athletic Association Division I Athletic Directors' Perceptions of Sport Psychology Consulting.** (Wilson, K. A., Gilbert, J. N., Sailor, S. R., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
57. **Scholarly Activity in Sport Psychology from 1995-2005.** (Baxter, W., Gilbert, W., Gilbert, J. N., & Hamel, T.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
56. **School-based Social-psychological Intervention to promote fitness efficacy.** (Tsouloupas, C. N., Gilbert, W., Arenz, B., Coles, M. G., Gilbert, J. N., Pettitt, R., Smith, A.,

- & Pangrazi, R.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
55. **Developmental pathways of high school varsity basketball and cross-country coaches.** (Lichtenwaldt, L., Gilbert, W., Gilbert, J.N., & Zelezny, L.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
  54. **School-based healthy activities program for exercise: Phase 2.** (Tsouloupas, C. N., Gilbert, W., Smith, A., Gilbert, J. N., Coles, M. G., Pettitt, R., Arenz, B., & Pangrazi, R.). 2<sup>nd</sup> International Conference on Physical Education, Coaching, and Health Fitness held in June in Athens, Greece, 2006.
  53. **How to become a great coach.** (Gilbert, W.). American Alliance for Health, Physical Education, Recreation and Dance held in April in Salt Lake City, UT, 2006.
  52. **SHAPE: School-based healthy activities program for exercise.** (Gilbert, W., McCord, S., Arenz, B., Coles, M., Gilbert, J., Pettitt, R., Tsouloupas, C., Smith, A., DeAmaral, J., & Pangrazi, R.). American Alliance for Health, Physical Education, Recreation and Dance held in April in Salt Lake City, UT, 2006.
  51. **Sport psychology in high school: Curriculum design and lessons learned.** (Gilbert, J.N., Gilbert, W., Hamel, T., Kerr, S., Lichtenwaldt, L., Martinez, D., Mattox, K., McRae, A., Reeves, S., Tsouloupas, C.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
  50. **School-based healthy activities program for exercise (SHAPE).** (McCord, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
  49. **The keys to success: Coaching styles of professional North American, championship team sport coaches.** (McRae, A., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
  48. **Attributional styles of exercisers versus non-exercisers.** (Muller, J., Rodrigues, A., Gilbert, W., & Jones, C.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
  47. **La science du coaching: son contenu et ses limites [The science of coaching: Its contribution and limits].** Trudel, P., & Gilbert, W. Association en Recherche en Intervention Sportive held in January in Belgium, 2005.
  46. **Developing a graduate sport psychology program.** (Gilbert, J.N, Gilbert, W., Hamel, T., Johnson, C., Mattox, K., & Meyer, S.) Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
  45. **Current developments in coach education programs using a coaching context-based approach.** (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.

44. **Current research perspectives on coach development.** (Gilbert, W., Trudel, P., Bloom, G. Jones, R., Cushion, C., & Potrac, P.) Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
43. **Training approaches and behaviors of successful high school girls' golf coaches.** (Kerr, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
42. **Le volet caché de la formation des entraîneur(e)s: L'apprentissage par expérience [Hidden development of coaches: Learning through experience].** (Trudel, P., & Gilbert, W.). International Congress of the Moroccan Association of Sport Psychology held in June in Marrakech, Morocco, 2004.
41. **Innovative research methodologies for understanding and improving coaching.** (Côté, J., Baker, J., Horton, S., Deakin, J., Wall, M., Gilbert, W., Cullen, J., & Starkes, J.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Hamilton, Ontario, Canada, 2003.
40. **Tracing the developmental process of successful coaches.** (Gilbert, W., & Côté, J.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Hamilton, Ontario, Canada, 2003.
39. **Developmental activity profiles of successful coaches.** (Gilbert, W., Niino, A., Wahl, M-T., & Conway, M.). Association for the Advancement of Applied Sport Psychology held in October in Philadelphia, Pennsylvania, 2003.
38. **The meaning of motivation and motivational strategies in Division I men's college basketball.** (Hansen, B., Gilbert, W., & Hamel, T.). Association for the Advancement of Applied Sport Psychology held in October in Philadelphia, Pennsylvania, 2003.
37. **Developing character through a partnership learning program.** (Barton, D., & Gilbert, W.). Sports, Character, and Responsible Citizenship Conference held in March in Notre Dame, Indiana, 2003.
36. **Developmental characteristics of sport involvement: Profiles of athletes, parents, and coaches.** (Côté, J., Robertson-Wilson, J., Deakin, J., Gilbert, J. N., Gilbert, W. D., Harada, C., Marchbanks, G., & Niino, A.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
35. **Development of successful high school softball coaches.** (Niino, A., Gilbert, W. D., & Côté, J.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
34. **Comparison of developmental activities of NCAA Division I and recreational baseball players.** (Gilbert, J. N., Côté, J., Harada, C., Marchbanks, G., & Gilbert, W. D.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
33. **Tracing the development of athletes, parents, and coaches with structured interview protocols.** (Côté, J., Robertson-Wilson, J., Gilbert, J. N., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.

32. **Communities of practices as an approach to foster ice hockey coach development.** (Trudel, P., & Gilbert, W.). Fourth International Symposium on Safety in Ice Hockey held in May in Pittsburgh, USA, 2002.
31. **Tracing the development of expertise in coaching.** (Gilbert, W., Kulikov, N., Niino, A., Trudel, P., & Côté, J.) American Association for Health, Physical Education, Recreation, and Dance held in April in San Diego, California, 2002.
30. **Reasons for commitment and disengagement in Division 1-A college baseball.** (Collet, L. A., Cottle, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
29. **Sources of stress for the female adolescent athlete.** (Gilbert, J. N., Gilbert, W., and Morawski, C.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
28. **Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches.** (Kulikov, N., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
27. **Defining and achieving balance for mothers in athletics.** (Rice, L., Gilbert, W., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
26. **Strategies used by Division I female athletic trainers to balance family and career demands.** (Rice, L., Gilbert, W., & Bloom, G.). National Athletic Trainers' Annual Meeting and Clinical Symposia held in June in Los Angeles, CA, 2001.
25. **An integrative approach to examining the development of coaching excellence.** (Gilbert, W., Fournier, J., Côté, J., Salmela, J., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
24. **Mapping the developmental paths of youth sport coaching excellence.** (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
23. **Team dynamics as a critical source of stress for female adolescent soccer athletes.** (Gilbert, J., Gilbert, W., & Morawski, C). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
22. **Adolescent female soccer players' views on stress and coping.** (Gilbert, J.N., Gilbert, W., & Morawski, C.). Association for the Advancement of Applied Sport Psychology held in September in Banff, Canada, 1999.
21. **Who learns more through the use of video to study pedagogical interactions: The researcher or the participant?** (Trudel, P., & Gilbert, W.). American Educational Research Association held in April in Montreal, Canada, 1999.

20. **Operationalizing procedures for addressing validity in qualitative research** (Gilbert, W., Trudel, P., & Culver, D.). Advances in Qualitative Methods held in February in Edmonton, Canada, 1999.
19. **Youth coaches and sport psychology: From challenges to professional growth** (Gilbert, W., Trudel, P. & Gilbert, J.). Association for the Advancement of Applied Sport Psychology held in September in Cape Cod, USA, 1998.
18. **Insight into coaches' thoughts: Factors that influence the interactive decisions of youth ice hockey coaches during practices** (Gaumond, S., Trudel, P., Gilbert, W., & Larocque, L.). Association for the Advancement of Applied Sport Psychology held in September in Cape Cod, USA, 1998.
17. **How do youth sport coaches learn to coach?** (Gilbert, W.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
16. **Symposium: Development and application of an instrument to analyze coaches' instructional content** (Gilbert, W., Trudel, P. Gaumond, S., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
15. **Instructional content provided to youth ice hockey players in practices** (Gaumond, S., Gilbert, W., Trudel, P., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
14. **Instructional content provided to youth ice hockey players in games** (Larocque, L., Gilbert, W., Trudel, P., & Gaumond, S.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
13. **Development issues and applications of the SAIC instrument** (Gilbert, W., Trudel, P., Gaumond, S., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
12. **The role of peers in professional knowledge construction** (Gilbert, W.). Congress of the Social Sciences and Humanities held in May in Ottawa, Canada, 1998.
11. **Planning in action: The planning process of an experienced collegiate ice hockey coach** (Gilbert, W., Trudel, P., & Gaumond, S.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Niagara Falls, Canada, 1997.
10. **A case study of elite team sport coaching** (Gilbert, W., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in September in San Diego, USA, 1997.
9. **A profile of rule infractions in Bantam level ice hockey** (Gilbert, W., & Trudel, P.). Third International Symposium on Safety in Ice Hockey held in May in St. Louis, USA, 1997.
8. **Amateur coaches' views on rule infractions, injuries, and aggressive play** (Gaumond, S., Trudel, P., & Gilbert, W.). Third International Symposium on Safety in Ice Hockey held in May in St. Louis, USA, 1997.

7. **Measuring knowledge transfer following exposure to a coaching education program.** (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Williamsburg, USA, 1996.
6. **Research into the pedagogical aspect of amateur ice hockey coaching** (Trudel, P., Gilbert, W., Gaumont, S., Lapierre, M., Seaborn, P., Wilcox, S., & Haughian, L.). Association for the Advancement of Applied Sport Psychology held in October in Williamsburg, USA, 1996.
5. **Factors affecting decision making and rule enforcement in ice hockey officiating** (Gilbert, W., Trudel, P., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in September in New Orleans, USA, 1995.
4. **A look at 20 years of studies on coaches' behaviors** (Trudel, P., Gilbert, W., & Donohue, J.). Association for the Advancement of Applied Sport Psychology held in September in New Orleans, USA, 1995.
3. **Stimulated recall interviews as a data collection technique in sport research** (Gilbert, W., Trudel, P., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.
2. **Variables affecting intramural ice hockey referees** (Bloom, G., Gilbert, W., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.
1. **A qualitative analysis of mental training methods used by NCAA hockey players** (Chouinard, N., Gilbert, W., Draper, S., & Blann, W.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.

*Invited*

20. **Lifelong Physical Activity Promotion through the SHAPE Collaborative** (Gilbert, W., Smith, A., & Gilbert, J.). California Association for Health, Physical Education, Recreation and Dance held in March in Sacramento, CA, 2007.
19. **Body Appearance and Physical Activity Attitudes and Behaviors among Urban Middle School Youth** (Smith, A., Gilbert, W., Gilbert, J., Pettitt, R., & Baldis, M.). North and Southwest Sport and Exercise Psychology Symposium held in February in Salt Lake City, UT, 2007.
18. **Advances in Coaching Science and Physical Activity Promotion.** (Gilbert, W.). Association for the Advancement of Applied Sport Psychology, held in September in Miami, FL, 2006.
17. **SHAPE: School-based healthy activity program for exercise.** (Gilbert, W., McCord, S., Arenz, B., Coles, M., Gilbert, J., Pettitt, R., Tsouloupas, C., Smith, A., DeAmaral, J., & Pangrazi, R.). California Association for Health, Physical Education, Recreation and Dance held in March in Garden Grove, CA, 2006.

16. **School-based Healthy Activity Program for Exercise.** (Gilbert, W.). Nurturing Responsive Health Policy in Central California: Proposals for Action Research, held on December 1 in Fresno, CA, 2005.
15. **School-based Healthy Activity Program for Exercise.** (Gilbert, W.). Report to the Civic Engagement Forum held on October 6 in Fresno, CA, 2005.
14. **School-based Healthy Activity Program for Exercise.** (Gilbert, W.). Report to the community at the Obesity Summit held on September 14 in Fresno, CA, 2005.
13. **Helping coaches become reflective practitioners.** (Trudel, P., & Gilbert, W.). The 8th European Network of Sports Science, Education and Employment Forum held in September in Limerick, Ireland, 2005.
12. **Coaching styles of championship collegiate basketball coaches: A case study.** (Martinez, D., & Gilbert, W.). Central California Research Symposium held in April in Fresno, CA, 2005.
11. **School Based Healthy Activity Program for Exercise (SHAPE).** (McCord, S., & Gilbert, W.). University Donor Expo, held in April in Fresno, CA, 2005.
10. **Developing and implementing sport psychology services to coaches and athletes.** (Gilbert, W., & Gilbert, J.). California Association for Health, Physical Education, Recreation, and Dance held in March in Monterey, California, 2005.
9. **Psychological skills training curriculum for secondary school student-athletes.** (Gilbert, W., Kerr, S., Lichtenwaldt, L., Martinez, D., Mattox, K., McRae, A., Reeves, S., Tsouloupas, C.). University Expo – WASC Accreditation, held in October in Fresno, CA, 2004.
8. **A partnership learning program for sport coaches.** (Gilbert, W., & Barton, D.). California Association for Health, Physical Education, Recreation, and Dance held in March in Sacramento, California, 2003.
7. **Careers in sport psychology.** (Gilbert, J., Gilbert W., & Hamel, T.). KPC Kinesiology Conference, held in October in Fresno, CA, 2002.
6. **An overview of three decades of research with coaches: 1970-2001.** (Gilbert, W., Conway, M., Niino, A., & Perry, N.) American Association for Health, Physical Education, Recreation, and Dance held in April in San Diego, California, 2002.
5. **Sport psychology for track and field coaching.** (Gilbert, W., Cheema, R., Gilbert, J.N., & Hamel, T.) Center for Excellence Track and Field Clinic held in December in Fresno, California, 2001.
4. **Fresno State vision for sport psychology research and practice.** (Gilbert, W.). Bay Area Sport Psychology Meeting held in May in Hayward, CA, 2001.
3. **Coach and athletic trainer communication: Creating shared frames of reference.** (Gilbert, W.). California Athletic Trainers' Association, Region 3 Spring Meeting held in March in Fresno, CA, 2001.

2. **Are you ready for the challenge? Typical youth sport coaching issues and the strategies used by model coaches.** (Gilbert, W.). Invited presentation, Fresno State University Spring Physical Education Workshop, held in February in Fresno, California, 2000.
1. **Limits of our knowledge about youth sport: Examples from ice hockey.** (Trudel, P., & Gilbert, W.). Invited presentation, Research seminar with Dr. Rolf Carlson, held in November in Stockholm, Sweden, 1999.

*Non-refereed*

21. **Three decades of coaching science: 1970-2001.** (Gilbert, W., Conway, M., Niino, A., & Perry, N.). Southwest Sport and Exercise Psychology Symposium held in April in Fresno, CA, 2002.
20. **30 years of coaching science: An update.** (Gilbert, W, Conway, M., Niino, A., & Perry, N.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
19. **Sport psychology consulting in central California.** (Marchbanks, G., & Gilbert, W). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
18. **Talent development in successful high school softball coaches: A proposal.** (Niino, A., & Gilbert, W). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
17. **Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches.** (Kulikov, N., & Gilbert, W.). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
16. **Defining and achieving balance for mothers in athletics.** (Rice, L., & Gilbert, W.). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
15. **Developing talent through the Wheel of Excellence and the Pyramid of Success.** (Class of KINES 250T). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
14. **Mapping the development of coaching excellence.** (Gilbert, W., & Mowjood, S.). Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
13. **Current research at the International Center for Talent Development.** (Gilbert, W., Babkes, M., Beals, K., Seder, D., & Scanlan, T.). Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
12. **Mental skills used by firefighters.** (Hamel, T., & Gilbert, W.) Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
11. **Benching athletes as a youth sport coaching strategy: Implications for youth development.** (Gilbert, W). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1999.

10. **Resolution of sport psychology issues by youth soccer coaches** (Gilbert, W., Gilbert, J., & Trudel, P.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1998.
9. **Analyse du processus d'intervention pédagogique des entraîneurs de hockey amateur** (Lapierre, M., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 15 at Université de Québec a Montreal, Canada, 1997.
8. **Tools used to measure the effects of a coach education course** (Gilbert, W., Trudel, P., Seaborn, P., & Haughian, L.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
7. **Investigating coaches' knowledge structures using systematic observation** (Seaborn, P., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
6. **Decision-making factors related to a youth ice hockey coach during games** (Haughian, L., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
5. **Athletic scholarships: Perspectives of Canadian NCAA hockey players** (Chouinard, N., Gilbert, W., Draper, S., & Blann, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
4. **A survival guide to field research** (Gilbert, W., Boyd, D., Gaumont, S., Haughian, L., Lapierre, M., Seaborn, P., & Wilcox, S.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1996.
3. **An inductive analysis of intramural ice hockey officiating: A case study** (Gilbert, W., Trudel, P., & Bloom, G.). L'Association Québécoise des Sciences de l'Activité Physique held on March 11 at Laval University, Canada, 1995.
2. **The use of stimulated recall interviews as a data collection technique in physical education and sport environments** (Gilbert, W., & Trudel, P.). L'Association Québécoise des Sciences de l'Activité Physique held on March 5 in Ottawa, 1994.
1. **An analysis of on-ice activities in novice hockey at the house league and competitive levels of play** (Chouinard, N., Gilbert, W., Lamothe, R., Trudel, P., & Joannette, Y.). L'Association Québécoise des Sciences de l'Activité Physique held on March 5 in Ottawa, 1994.

## GRANTS AND CONTRACTS

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|-------------|--|
| <b>2008</b> | California State University, Fresno, eScholars Program (\$2,500)   |
| <b>2006</b> | California State University, Fresno, Civic Engagement and Students for Community Service Office, Community Based Participatory Research Mini-Grant (\$2,000) |

- 2006** California State University, Fresno, Robert and Norma Craig Fellowship, (M. Barrie & W. Gilbert), (\$860)
- 2006** Fresno County Healthy Families Childhood Obesity Prevention Grant Program, Health Net of California, Inc. (\$12,798)
- 2006** California State University, Fresno, Associated Students, Instructionally Related Activities Grant (\$2,200)
- 2005** Research Sponsorship, Walk4Life Inc. (\$3,300)
- 2006** California State University, Fresno, CSU Research, Scholarship, and Creative Activity Award (\$5,000)
- 2006** Social Sciences and Humanities Research Council of Canada, (P. Trudel, N. Durand-Bush, P. Werthner, W. Gilbert, Cloes, M.), (\$99,474 Cdn)
- 2006** Education Grant, Health Net and Cooper Middle School (\$1,700)
- 2006** Inter-institutional Collaborative Research Award, College of Health and Human Services, California State University, Fresno (\$10,000)
- 2005** California State University, Fresno, Civic Engagement and Students for Community Service Office, Engaged Scholarship Mini-Grant (\$600)
- 2005** California State University, Fresno, Robert and Norma Craig Fellowship, (A. Smith & W. Gilbert), (\$900)
- 2005** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$1,000)
- 2005** Research Sponsorship, Walk4Life Inc. (\$6,000)
- 2005** Association for the Advancement of Applied Sport Psychology, Research Grant (\$700)
- 2005** California State University, Fresno, Associated Students, Instructionally Related Activities Grant (\$7,000)
- 2005** California State University, Fresno, CSU Research, Scholarship, and Creative Activity Award (\$5,000)
- 2005** California State University, Fresno, Community-Based Research Mini-Grant, Civic Engagement and Students for Community Service Office (\$2,000)
- 2004** California State University, Fresno, Central California Children's Institute, Faculty Research Fellowship (\$10,000)
- 2004** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$986)

- 2004** California State University, Fresno, Service-Learning Research Grant, Civic Engagement and Students for Community Service Office (\$500)
- 2004** National Association for Sport and Physical Education, Undergraduate Guidelines for Sport Psychology Course Content (Gano-Overway, L., Magyar, M., Smith, A. L., Gilbert, W., Stuart, M.). (\$300)
- 2004** California State University, Fresno, Robert and Norma Craig Fellowship, (D. Neer & W. Gilbert) (\$1,000)
- 2003** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$742)
- 2003** California State University, Fresno, Robert and Norma Craig Fellowship, (A. McRae & W. Gilbert) (\$1,000)
- 2002** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$954)
- 2002** California State University, Fresno, CSU Research, Scholarship, and Creative Activity Award (\$5,000)
- 2002** California State University, Fresno, Robert and Norma Craig Fellowship, (B. Hansen & W. Gilbert), (\$1,000)
- 2002** Social Sciences and Humanities Research Council of Canada, (P. Trudel, N. Durand-Bush, J. Harvey, P. Werthner, & W. Gilbert), (\$115,000 Cdn)
- 2002** California State University, Fresno, Robert and Norma Craig Fellowship, (M. Conway & W. Gilbert), (\$1,000)
- 2002** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 2001** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$975)
- 2001** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$954)
- 2001** California State University, Fresno, Robert and Norma Craig Fellowship, (A. Niino & W. Gilbert), (\$1,000)
- 2001** American Alliance for Health, Physical Education, Recreation and Dance, Research Consortium, Seed Grant (\$4,887)
- 2000** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$736)

## RECOGNITIONS AND AWARDS

- 2008** Honor Society of Phi Kappa Phi
- 2007** California State University, Fresno, Civic Engagement and Students for Community Service Office, Spirit of Service Award
- 2007** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 2006-** Expert Committee on Sport and Physical Education implementation through the Millennium Development Goals, United Nations
- 2006** *The Sport Psychologist*, Invited Guest Editor, Special Issue on Coach Education
- 2006** Dorothy V. Harris Memorial Award, Association for the Advancement of Applied Sport Psychology
- 2006** Outstanding Advisor, Fresno State Leadership Program, California State University, Fresno
- 2006** Promising New Faculty Award, Office of the Provost, California State University, Fresno
- 2005** Certificate of Recognition for Achievements in Research, Scholarship, and Creative Activity, College of Health and Human Services, California State University, Fresno
- 2004** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 2002** Presidential Citation, Association for the Advancement of Applied Sport Psychology
- 1998-99** Social Sciences and Humanities Research Council Doctoral Fellowship
- 1998-99** University of Ottawa Excellence Scholarship
- 1997-98** Ontario Graduate Scholarship
- 1997-98** University of Ottawa Excellence Scholarship

## THESES / PROJECTS / INDEPENDENT STUDIES

### *Chair*

- 2007-08** Sport and the United Nations Millennium Development Goals (Alisa Boon)
- 2006-07** The College Quarterback's Guide to Mental Toughness (Jeff Grady)

- 2006-07** Body Appearance and Physical Activity Attitudes and Behaviors among Urban Middle School Youth (Adam Smith)
- 2006** Evaluation of SHAPE: A case study (Amber Finnegan)
- 2005-06** School-based social-psychological intervention to promote fitness efficacy (Costas Tsouloupas)
- 2005-06** Developmental pathways in high school individual and team sport coaches (Luke Lichtenwaladt)
- 2005-06** Coaching styles of successful Division 1 basketball coaches (Diana Martinez)
- 2005-06** Faculty Mentor, McNair Program (Adam Smith)
- 2005-06** 20 years of sport psychology research and practice (Wendy Baxter)
- 2005-06** SHAPE: School-based healthy activity program for exercise (Sarah McCord)
- 2004-05** Coaching Styles of Championship Professional Sport Coaches (Amy McRae)
- 2004-05** Mental Training Resource Manual for College Soccer (Erik Farfan)
- 2004-05** Mental Training Resource Manual for Community College Golf (Dave Neer)
- 2003-04** Development of a Regional Occupational Program (ROP) in Sports Medicine for the Secondary Level (Anja Moeller)
- 2003-04** Faculty Mentor, McNair Program (Diana Martinez)
- 2003-04** Mental Training Program for Private Fitness Centers (Jeremy Davis)
- 2003-04** Behaviors of Successful High School Girls' Golf Coaches during Training (Sharon Kerr)
- 2003-04** Psychological Skills Training for Track & Field (Crystal Johnson, Kristen Mattox, Sarah Meyer)
- 2003-04** Psychological Skills Training for Fencing (Crystal Johnson, Kristen Mattox, Sarah Meyer)
- 2002-03** A Reflective Practicum for Sport Pedagogy: Fostering Professional Development in Youth Sport Coaches (David Barton)
- 2002** Talent development in successful junior college football coaches (Fred Biletchnikoff)
- 2002-03** Meaning of motivational strategies used by successful college coaches of men's basketball (Brent Hansen)
- 2002** Talent development in successful college volleyball coaches (Merrilee Conway)

- 2002** Talent development in successful high school softball coaches (Allyson Niino)
- 2001** Performance enhancement consulting in central California (Greg Marchbanks)
- 2001** Strategies used by Division I female athletic trainers to balance family and career demands (Leana Rice)
- 2001** Developing positive interpersonal relationships with male and female athletes: Approaches used by successful Division I collegiate coaches (Nicole Kulikov)

*Committee Member*

- 2007** The psychological UNIFORM approach for a mental skills training intervention with community college softball players (Colleen Horn)
- 2006** The pressure of being a collegiate athlete: A struggle to balance academics and athletics (Alan Bontya)
- 2006** The Uniform: A high school sport psychology intervention (Brittany Loney)
- 2005** Spirituality and sport commitment (Mary-tyler Wahl)
- 2005** NCAA Division 1 athletic directors' attitudes toward sport psychology consulting (Kelly Wilson)
- 2004** Professional training programs for athletic trainers (Nancy Furcsik)
- 2004** Coping methods of Division 1 female team sport athletes (Stephanie Reeves)
- 2004** Attributional styles of exercisers versus non-exercisers (Josh Muller)
- 2004** Making the coach, parent, athlete relationship a positive experience for all (Martin Bitter)
- 2004** Sports specialization in youth sports before adolescence (Cindy Bitter)
- 2004** Perceptions of high school female athletics: The lesbian label, homophobia and sport participation (Kristen Mattox)
- 2003** The effects of caffeine on middle distance running (Darpan Patal)
- 2003** Effect of sports massage on range of motion, peak torque, and time to peak torque (Valerie Johnson)
- 2003** Electromyographic comparison of abdominal exercises on a stable and unstable surface (Benjamin Pugh)
- 2003** Sources of stress and coping strategies of Division 1 female athletes (Crystal Johnson)

- 2002**      Assessment of physical education programs in elementary schools (Sarah Meyer)
- 2002**      Comparison of team cohesion and social support networks of female athletes in coeducational versus single-sex environments (Coreen Harada)
- 2002**      Effect of learning environment on intrinsic motivation in physical education (Jennifer Blanchfield)
- 2001**      National Football League scouting procedures (Mike Sholiton)
- 2001**      Exercise-induced hypohydration and isokinetic muscular strength and endurance (Brian Renna)
- 2001**      Breaches of duty in high school sport (Claire Boykin)
- 2001**      Retirement among NCAA baseball athletes (Lisa Collet)

**OTHER ACADEMIC SERVICE**

*Review Boards and Professional Reviews*

- 2004-present**    **Editorial Board Member**, The Sport Psychologist
- 2006-present**    **Editorial Board Member**, International Journal of Coaching Science
- 2005-present**    **Editorial Board Member**, International Journal of Sports Science & Coaching
- 2001-present**    **Editorial Board Member**, Asian Journal in Exercise and Sports Science
- 2007-present**    **Advisory Board Member**, Podium Sports Journal
- 2004-2005**      **Board Member**, Central Valley Fencing Foundation (Fresno, CA)
- 2005-2007**      **Coordinator**, Coaching Science SIG, Association for the Advancement of Applied Sport Psychology
- 2005-2007**      **Guest Reviewer**, Research Quarterly for Exercise and Sport
- 2004-2007**      **Guest Reviewer**, Journal of Sports Sciences
- 2004-2007**      **Guest Reviewer**, International Journal of Sport and Exercise Psychology
- 2002-present**    **Guest Reviewer**, Journal of Applied Sport Psychology
- 2000-2007**      **Guest Reviewer**, Journal of Sport and Exercise Psychology
- 2004-2005**      **Mentor**, Ronald E. McNair Post-Baccalaureate Achievement Program
- 2002-2005**      **Section Editor - Coaching**, PELINKS4U

- 2000-2004**      **Guest Reviewer**, The Sport Psychologist
- 2004**            **Guest Reviewer**, Essential Readings in Sport Psychology, Smith, D., & Bar-Eli, M. (Eds.), Human Kinetics
- 2007**            **Guest Reviewer**, Journal of School Health
- 2004**            **Guest Reviewer**, Mental Training Workbook for Coaches, Vealey, R., Fitness Information Technology
- 2003**            **Guest Reviewer**, Social Sciences and Humanities Research Council of Canada
- 2001**            **Guest Reviewer**, Perceptual and Motor Skills
- 2001**            **Guest Reviewer**, Motor Learning Interactive Lab Manual, Benjamin Cummings
- 1997 - 2002**    **Guest Reviewer**, Avante
- 1997**            **Guest Reviewer**, American Society for Testing and Materials (ASTM): Safety in Ice Hockey

*Committees*

- 2008**            **Chair**, Tenure-Track Assistant / Associate Professor Pedagogy Search Committee, California State University, Fresno
- 2008-present**    **Member**, Scholarship and Awards Committee, Phi Kappa Phi, California State University, Fresno Chapter
- 2007**            **Member**, Review Committee for Minimum Competencies in Undergraduate Sport and Exercise Psychology Preparation for Pre-Service Physical Education Teachers and Youth Sport Coaches, National Association for Sport and Physical Education
- 2006-07**        **Chair**, Tenure-Track Assistant / Associate Professor Sport Administration Search Committee, California State University, Fresno
- 2006-present**    **Member**, Student Success Task Force, California State University, Fresno
- 2006-present**    **Member**, Graduate Student Recognition Taskforce, California State University, Fresno
- 2006-2007**      **Member**, Cooper Middle School Physical Activity Taskforce, Fresno
- 2005-2007**      **Member**, McLane High School Wellness Cooperative, Fresno
- 2005-06**        **Chair**, Tenure-Track Assistant / Associate Professor Sport Psychology / Pedagogy Search Committee, California State University, Fresno

- 2004-2007**      **Member, Executive Committee**, California State University, Fresno, College of Health and Human Services
- 2004**            **Coordinator, Student-Athlete Sport Psychology Curriculum**, McLane High School, Fresno
- 2002-2005**      **Member, Web Development and Promotion Committee**, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2001-present**   **Member, Graduate Awards Committee**, California State University, Fresno, Division of Graduate Studies
- 2000-present**   **Coordinator, Graduate Option in Sport Psychology**, California State University, Fresno, Department of Kinesiology
- 2001-2002**      **Chair**, Web Oversight Committee, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2001-2003**      **Executive Board Member**, Fresno Alliance for Physical Education Teachers and Athletics Coaches
- 1998-2001**      **Member of Technology Committee**, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2001**            **Chair, Graduate Research Faculty Membership Guidelines Subcommittee**, California State University, Fresno, Department of Kinesiology
- 2001-2007**      **Faculty Advisor, Student Sport Psychology Club**, California State University, Fresno, Department of Kinesiology
- 2000-present**   **Member, Teacher Preparation Committee**, California State University, Fresno, Department of Kinesiology
- 2000-2001**      **Member, Test and Evaluation Committee**, California State University, Fresno, Department of Kinesiology
- 2000-present**   **Member, Graduate Research Faculty**, California State University, Fresno, Department of Kinesiology
- 1995**            **Member of the Organizing Committee**, World Congress on Mental Training held in Ottawa, Canada, in May 1995.
- 1993**            **Member of the Organizing Committee**, North American Society for the Sociology of Sport Conference held in Ottawa, Canada, in November 1993.

*Performance Enhancement Consulting*

- 2006-2007**      Professional Bass Fishing (male athlete)
- 2002-2006**      Elite Amateur Fencing (male national team member)

- 2003** Division 1 College Track & Field (throwing events)
- 2003** Professional Bowling (male athlete)
- 2001** Division 1 College Soccer (male athlete)

*Media Contributions & Interviews*

- Valley Focus – ABC Channel 30 Fresno (television)
- Azteca America (television)
- Fortune Magazine (print)
- Men’s Health Magazine (print)
- The Fresno Bee (print)
- Visalia Times-Delta (print)
- Orange County Register (print)
- The Collegian (print)
- Lifetime Television (online)
- ESPN (online)
- Fresno State Weekly (radio)

**PROFESSIONAL MEMBERSHIPS / CERTIFICATES**

- 2007 – present** **CIF Coaching Education Certified Instructor:** California Interscholastic Federation
- 2003 - present** **AAALF:** American Association for Active Lifestyles and Fitness
- 1993 - present** **AASP:** Association for Applied Sport Psychology
- 2000 - present** **AAHPERD:** American Alliance for Health, Physical Education Recreation and Dance.
- 2000 - present** **CAHPERD:** California Association for Health, Physical Education, Recreation and Dance
- 2000-present** **NASPE:** National Association for Sport and Physical Education
- 2002-present** **PCA:** Positive Coaching Alliance
- 2006-present** **Adult CPR:** American Red Cross

**REFERENCES**

Available upon request