

Courses

10S. The Journey of Adulthood: Planning a Meaningful Life (3) (See GERON 10S.)
G.E. Breadth E1.

55. Introduction to Recreation and Leisure Service (3)

Philosophical, theoretical, and historical basis for recreation service in contemporary American society; exploration of the various facets of recreation and leisure service including public, nonprofit, therapeutic, and commercial recreation. (CAN REC 2)

73. Leadership in Recreation Service (3)

Theoretical and philosophical basis for leadership. Dynamics of leading recreation activities, developing basic program planning skills, and procedures for facility utilization.

73L. Leadership in Recreation Service Laboratory (1)

Concurrent enrollment with RLS 73. Practical leadership experience in supervised recreation settings.

74. Games for All Ages (1)

Planning, design, and leadership techniques for a variety of games appropriate for diverse populations and ages groups. CR/NC grading only. (Formerly RLS 192T)

75. The Journey: An Adventure Ropes Course Experience (1)

An experiential journey of self-awareness, esteem building, and group processing through initiative games and high ropes elements. CR/NC grading only. (Course fee, \$30)

80. Lifelong Learning in the Natural Environment (3)

Exploration of the social, psychological, and physiological implications of experiential learning and personal growth using experiences based in the natural environment. Dynamics of identifying personal interests and skills. Discovering resource-based learning opportunities in the leisure appropriate across the life stages. G.E. Breadth E1.

82. Wilderness Survival Skills (1)

Back country skills for preventing or responding to emergency situations in the wilderness, such as fire and shelter building, signaling, and land navigation. Explores interpersonal and intrapersonal reactions to crisis situations. CR/NC grading only. (Formerly RLS 192T)

84. Orienteering (1)

Fundamental skills and knowledge for traveling outdoors by map and compass, and by knowledge of natural features. CR/NC grading only. (Formerly RLS 192T)

86. Backpacking in the Sierra Mountains (1)

Fundamental skills and knowledge for backpacking, car camping, and hiking in the Sierra

Mountains or similar settings. Includes skills for camping, hiking, basic navigation, trip planning, and outdoor cooking, plus safety and environmental issues. CR/NC grading only. (Formerly RLS 192T)

88. Rock Climbing (1)

Basic skills and knowledge of rock climbing including history, trends, equipment, climbing technique, top roping, knot tying, rappelling, training, safety, and environmental issues. CR/NC grading only. (Formerly RLS 192T)

101. Leisure and Human Behavior (3)

Exploration of leisure as related to the individual and society. The forces and factors affecting its role on human behavior are examined within the context of current social issues. (Students may incur minimal expenses related to field trips.)

106. Challenge Course Facilitation (2)

Prerequisite: permission of instructor. Facility-based adventure programming skills, focusing on ropes courses and climbing walls, as well as activity sequencing, processing, and leadership skills for adventure education. Practice in safety, supervision, and maintenance of adventure facilities and sites.

113. Serving At-Risk Youth (3)

Examination of the forces and factors that place youth at risk. Review of service models and leadership styles that affect outcomes for at-risk youths with emphasis on agencies that have developed successful program approaches. (Formerly RLS 192T)

115. Community Placements in Leisure Settings (1-3 max total 6)

Prerequisite: permission of instructor. Service oriented course designed to provide opportunities to observe, interact, and learn from community placement in leisure services. Hour requirements are supported through writing and discussion on issues and solutions. CR/NC grading only. (Formerly RLS 192T)

117. Special Event Planning (3)

Special techniques and requirements for planning and conducting large community functions such as street fairs, community festivals, major fund-raisers, corporate events, and joint sponsorship. Emphasis on community laws and regulations, activity selection and planning, advertising, and funding. Field trips and/or other off-campus experiences will be required. (Students may incur minimal expenses related to field trips.)

125. Understanding Special Populations in a Contemporary Society (3)

Introduction to diverse populations including terminology, etiology, legislation, facilities, trends, barriers, and relationship to leisure. Understanding alternative views of exceptionality and appreciating similarities and differences. Awareness of adaptations and other strategies to maximize opportunities for participation.

128. Legal and Financial Aspects of Recreation Service (3)

Prerequisite: RLS 55. Legal and financial aspects of recreation service; budget analysis, legal terminology, and their role in recreation administration.

128L. Legal and Financial Aspects of Recreation Service Lab (2)

Prerequisites: RLS 55 and concurrent enrollment with RLS 128. The lab emphasizes the development of budgets and data analysis methods for park, recreation and leisure service agencies through the use of a variety of computer programs.

131. Foundations of Commercial Recreation and Tourism (3)

Prerequisite: RLS 55. Historical and philosophical foundations of leisure service provisions by commercial recreation and tourism agencies. Review of selected service providers including organization, assessment, service provision, legal base, funding profiles, and current trends analysis. (Field trips may be required.)

133. Recreation Facilities Management and Operations (3)

Prerequisite: RLS 55. Emphasis will be on the management and operations of existing recreation facilities. Facility layout for use in activity presentation, safety procedures, staffing, risk management, and maintenance. (Field trips may be required.)

135. Leisure Services Delivery Systems (3)

Prerequisite: RLS 55. Analysis and development of leisure service delivery systems, alternative funding sources, marketing promotion of programs and services, and an in-depth analysis of recreation feasibility plans.

139. Programming and Evaluation in Leisure Services Management (4)

Prerequisites: senior standing or permission of instructor; RLS 128, 135. Concepts and methods in developing, operating, and evaluating recreation programs and services in leisure service settings. Emphasis on costing, scheduling, and marketing programs for a variety of client groups. (3 lecture, 2 lab hours)

142. Foundations of Therapeutic Recreation Services (3)

Prerequisites: RLS 55 and RLS 125 or permission of instructor. Historical review and future outlook of therapeutic recreation; identification of interventions used for specific population groups. Review etiology characteristics, terminology and support systems. Facility design, use, and adaptation. Practical experiences required.

144A. Methods in Therapeutic Recreation (3)

Prerequisites: RLS 142; RLS 144B concurrently. Application of therapeutic recreation methods including assessment, program design, and evaluation. (Formerly RLS 166)

144B. Facilitation Techniques in Therapeutic Recreation (3)

Prerequisites: RLS 142; RLS 144A concurrently. Practical experiences in applying therapeutic recreation intervention techniques. (Formerly RLS 166L)

146. Adventure Based Programming (3)

Adventure based programming skills will be explored through experiential activities on the Edge Ropes Course and other outdoor pursuits. (2 lecture, 2 lab hours) (Students will incur expenses related to required field trip.)

148. Programming and Evaluation in Therapeutic Recreation (4)

Prerequisites: senior standing or permission of instructor; RLS 144A, 144B. Planning therapeutic programs for special populations. Practical program experiences with disability groups required. (3 lecture, 2 lab hours)

150. Sports and Entertainment Facility Management (3)

Prerequisite: RLS 55 is recommended for RLS majors. Examination of the ownership and governance, function, programming, and management of sports and entertainment facilities, including arenas, performing arts centers, stadiums, and convention and conference centers. Covers economic impacts, professional association, and career development in this industry.

152. Sports and Entertainment Facility Booking, Promotion, and Box Office Operations (3)

Prerequisites: RLS 150; RLS 135 or MKTG 100, plus concurrent enrollment in RLS 154. Booking, promotion, and box office operations techniques for sports and entertainment facilities and their events.

154. Sports and Entertainment Facility Operations (4)

Prerequisites: RLS 150; RLS 135 or MKTG 100, plus concurrent enrollment in RLS 152. Operations of sport and entertainment facilities including set-up configurations, event staffing, event production, security and crowd control, merchandise, food and beverage, ADA, risk management, housekeeping, and maintenance. Includes field trips. (3 lecture, 2 lab hours)

179. Supervision and Administration in Leisure Services (3)

Prerequisite: RLS 128 (may only be taken the semester prior to internship); RLS 135 or 144A. Preparation for the role of supervisor of recreation and leisure services; recruitment, motivation, performance evaluation training and development, and other supervisory and management practices.

180. Senior Seminar (2)

Prerequisite: may only be taken in the semester prior to internship. Trends and issues, current research, professionalism, and internship search procedures in recreation administration.

184. Internship in Leisure Services Management (12)

Prerequisites: completion of all major, General Education, and university graduation requirements. Honors internship requires placement approval in RLS 180. Directed

supervisory experience with a nonprofit, public, or commercial recreation agency. Individual development in administration, supervision, program planning, and public relations. Reports and conferences required. (It is recommended before registering for internship that students have the equivalent of 1,000 hours of recreation related experience, either paid or volunteer, in a recreation service agency.) CR/NC grading only.

187. Internship in Therapeutic Recreation (12)

Prerequisites: completion of all major, General Education, and university graduation requirements. Honors internship requires placement approval in RLS 180. Supervised, directed full-time experience in the field of therapeutic recreation; reports and conferences required. (It is recommended before internship registration that students have the equivalent of 1,000 hours of recreation related experience, either paid or volunteer, in the field of recreation service.) CR/NC grading only.

190. Independent Study (1-3; max total 6)

See Academic Placement -- Independent Study. Approved for SP grading.

**192T. Topics in Recreation Administration
(1-3; max total 8; repeatable with different topics)**

Investigation of selected topics related to: administration, supervision and leadership in parks, recreation, leisure, and tourism settings. Workshops related to skills in leisure oriented activities.