

Referrals for California State University, Fresno Students
Mental Health Services:

University Health and Psychological Services Student Health Center, Area E 5044 N. Barton Fresno, CA 93740-8012 www.csufresno.edu/health/psychological/	559-278-6738	Psychological Services during semester: Monday-Friday 8:00 a.m.- 4:45 p.m. Walk-in Hours for 1 st visit or crisis: 9:00 - 11:00 a.m. & 2:00 - 4:00 p.m. M-F Limited hours in summer, call 278-2734
Fresno County Behavioral Health Intensive Services Urgent Care & Wellness Center (UCWC) 4411 E. Kings Canyon Road Fresno, CA 93702	559-253-9171	UCWC Hours: Mon-Fri 8:00 am – 5:00 pm <u>After hours:</u> Go to any emergency room ER must call mobile team for assessment (Crisis Psychiatric Response Services)
Community Behavioral Health Center 7171 N. Cedar Avenue Fresno, CA 93720	559-449-8000	24-Hour Crisis Assessment & Hospitalization for behavioral and emotional problems
University Psychiatry Clinic <u>Affiliated with UCSF Fresno Medical Education Program</u> 2027 Divisadero Street Fresno, CA 93701	559-320-0580	Mon-Fri 8:00 am-5:00 pm, by appointment only Adults, adolescents & children for psychotherapy and/or medication. Initial Evaluation-\$50 Ongoing treatment – \$20-\$50 per 1-hr, based on annual income
Fresno Family Counseling 3718 N. First St. Fresno, CA 93726 Families, couples, parent/child, and individuals.	559-229-3085	Sliding Scale, \$5+ based on income Counseling hours vary Office Hours: Monday-Saturday 9 am-7 pm http://education.csufresno.edu/cser/ffcc/ffcc.html
Psychological Services Center (Alliant University) 5130 E. Clinton Way Fresno, CA 93727	559-253-2277	Sliding Scale, \$20+ depending on income Individual counseling, groups (court-ordered) Monday-Thursday 10:00a.m.-8:00 p.m. Friday 11:00 a.m.-4:00 p.m.
Comprehensive Youth Services 3795 E. Shields Avenue Fresno, CA 93726	559-229-3561	Individual & family counseling for at-risk & abused or neglected children & their families. Anger management for adults & adolescents. Sliding scale; Medi-Cal for some services.

Information, Self-Screening, and Advocacy

Freedom From Fear Nat'l nonprofit mental illness advocacy organization		http://freedomfromfear.org
The Unabridged Student Counseling Virtual Pamphlet Collection		http://www.dr-bob.org/vpc/
Ulifeline On-line behavioral support system		http://www.ulifeline.org/page/main/StudentLogin.html

Patient/Family Support, Advocacy, and Educational Materials

National Suicide Prevention Lifeline	1-800-273-TALK (8255)
National Alliance for the Mentally Ill (NAMI)	1-800-950-NAMI (6264) Local: 559-224-2469
Fresno Alliance for the Mentally Ill (FAMI)	559-265-6665
Mental Health America of the Central Valley	559-253-2204

(other than 800 numbers, all numbers listed are (559) Area Code)

Sexual Assault:

Rape Counseling Hot Line 222-7273
24 hours, 7 days a week

Rape Counseling Office 497-2900
259 N. Blackstone
Fresno, CA 93701

Call for appointments
8:00 a.m.-5:00 p.m., Monday-Friday
First six sessions free, then on sliding scale

Victim/Witness Assistance Program 488-3425 Hrs. M-F, 8 am-12 pm, 1-5 pm

Alcohol and Drug Abuse:

Al-Anon 265-3560
<http://www.ncwsa.org/district-19.html>

Alcoholics Anonymous 221-6907
Meeting locations: www.fresnoaa.org

Narcotics Anonymous 255-5881
<http://www.drugstrategies.org/NA-Meetings/California/Fresno/>

Comprehensive Alcohol Program 264-5096

Fresno New Connections 248-1548

Decision Home of Fresno, Inc. 498-0381

Westcare 265-4800

Fresno Co. Hispanic Commission
on Alcohol & Drug Abuse 268-6475

Ask Counselor for complete list of Programs

Domestic Violence/Legal Options:

Child Protective Services
24-hour Hot Line 255-8320

Violence Prevention Project 278-5696
CSUF - Women's Resource Center

Marjaree Mason Center 237-4701
24-hour Hot Line 800-640-0333

Centro La Familia 237-2961

Self-help hotline (Fresno County Superior Court)
Advice about how you can handle your own family law
issues. 866-665-2345

Comprehensive Youth Services 229-3561
Individual & family counseling

Victim/Witness Assistance Program 488-3425

Eating Disorders:

American Anorexia Bulimia Assoc., Inc.
Website: <http://www.aabainc.org>

Nat'l Eating Disorders Assoc.
www.nationaleatingdisorders.org(800)931-2237

LGBT+:

<http://www.ccafresno.org/> 488-2112

<http://www.fresnorainbowpride.com/newsite/pride.html>

www.csufresno.edu/StudentOrgs/usp/resources/flyers/safer_colleges.pdf

www.csufresno.edu/studentorgs/usp/panels.html

http://www.gayfresno.com/component/option.com_frontpage/Itemid,1/

Fresno County HIV-AIDS Program 445-3434

National HIV & AIDS
Information Services
24 hours 800-232-4636

Law Enforcement:

Campus Police (24-hours) 278-8400

Fresno Police Department 621-7000

Fresno County Sheriff's Dept 488-3939

Clovis Police Department 324-2400

Bereavement

"Footsteps" of St. Agnes 450-5600
For adults and their children.
To assist your child through the bereavement
process.

"Life After Loss" St. Agnes 450-3858
Adult support group

Divorce and Separation

<http://www.divorcesupport.com/divorce/California-Divorce-2481.html>

<http://www.courtinfo.ca.gov/selfhelp/family/divorce/>