

## Professional Development Activities for Spring 2009

“The objective of the DOSA Professional Development Committee is to engage all members of the Division of Student Affairs in learning initiatives that encourage the sharing of knowledge, contribute to professional and personal growth, and foster a sense of commitment and belonging within the division.”

All professional development activities are open to all DOSA members (unless otherwise indicated) and are on a first-come, first-serve basis with priority given to those who have not attended previous activities. To sign up for a DOSA Professional Development activity, send an email to Nancy Oba at [nancyo@csufresno.edu](mailto:nancyo@csufresno.edu) or to the committee member listed below at least one week in advance. Before signing up to attend any of the workshops/activities that take place during normal business, **you must receive the approval of your supervisor.**

<p><b>Tuesday, February 10, 2009</b>  <b>11 a.m.-12:30 p.m.</b>  <b>USU 310</b></p>	<p><b>“Dealing with Distressed Students”</b> The workshop is designed to help staff within the Division of Student Affairs to increase skills at providing service to students in distress. It includes how to effectively address/manage these situations. Participants will learn to recognize signs of distress, how to respond productively in difficult situations, and where help is available.</p> <p>Dr. Gena Gechter and Dr. Leslie Weiser will be facilitating this workshop. Both are clinical psychologists at University Health and Psychological Services. Dr. Weiser provides a full range of therapeutic services to students and specializes in anxiety/mood management, diversity and LGBT issues. Dr. Gechter also offers a full range of therapeutic services and specializes in providing services to students with disabilities, differential diagnosis and crisis management.</p>
<p><b>Wednesday, February 18, 2009</b>  <b>11:30 a.m.-2 p.m.</b>  <b>Peters Auditorium</b></p>	<p><b>DOSA Budget Summit: Dr. Oliaro</b></p>
<p><b>Monday, February 23, 2009</b>  <b>11:00 a.m. – 12:30 p.m.</b>  <b>UC 202</b></p> <p><b>Will be rescheduled</b></p>	<p><b>“Preventing Burnout: Supporting Staff Through Tough Times”</b></p> <p>At a time like this, student affairs staff (from front line resident assistants, orientation leaders and up the chain) are at risk for burnout and compassion fatigue. It's an occupational hazard that we see in others and recognize in ourselves - yet our students and customers depend on the student affairs staff to always be available, open and responsive. Please join colleagues from around North America as Dr. Brian Van Brunt, Mary-Jeanne (MJ) Raleigh, and Amy Reynelli share strategies and techniques for both preventing and resolving compassion fatigue and how to reduce everyday student affairs stress during these uncertain times. <b><u>This presentation will be presented as an Audio Conference.</u></b></p>
<p><b>Wednesday, February 25, 2009</b>  <b>12:00 p.m. – 1:00 p.m.</b>  <b>Joyal 262</b></p>	<p><b>Learn at Lunch “The Challenge of Collaboration: Organizational Structure and Professional Identity.”</b> Koester, J., Hellenbrand, H. &amp; Piper, T. (2008). About Campus, 13(5), 12-19. Learning Outcome: Participants in the Learn at Lunch series will gain additional information regarding current and seminal Student Affairs literature as demonstrated by their reading and discussion of chosen material. Open to all members of the Division regardless of experience (participate at your level of comfort).</p>
<p><b>Saturday, March 7, 2009</b></p>	<p><b>University Hope</b> (Housing Opportunities in Education) is a nonprofit organization that builds homes for low-income families. Sign up for volunteering; deadline is Friday, February 27, 2009.</p>
<p><b>Monday, March 9, 2009</b>  <b>10 a.m. – 11:30 a.m.</b>  <b>USU 309</b></p>	<p><b>Campus Initiatives:</b> (Sally Ramage, Director of Student Involvement &amp; University Student Union, is the facilitator) <b>Academic Initiatives:</b> Dr. Ellen Junn, Associate Provost; <b>Campaign for Fresno State:</b> Mary Anna Dunn, Associate Vice President for Development</p>
<p><b>Monday, March 9, 2009</b></p>	<p><b>CARE Bucks first drawing</b></p>

Wednesday, March 11, 2009 12 noon – 1 p.m. Location TBA	<b>Learn at Lunch: “New Technology to Help/Support You at Work”</b> Eddie Dominguez
Friday, March 13, 2009 11 a.m. – 12 p.m. Engineering 208	<b>“Methods &amp; Measurements” (StudentVoice webinar)</b> According to NASPA’s latest assessment publication, <b>Assessment Reconsidered (2008)</b> , in order to ensure rigor in our assessments, we must select a method that responds to both question and context. This webinar will outline some assessment methods, discuss the strengths and weaknesses of each, and show you how to evaluate which is appropriate for your question and context. We will also review how StudentVoice can help you develop and administer these methods.
Saturday, March 14, 2009	<b>University Hope (Housing Opportunities in Education)</b> is a nonprofit organization that builds homes for low-income families. Sign up to volunteer by Friday, February 27, 2009
Monday, March 16, 2009	<b>CARE Bucks: second drawing</b>
Wednesday, March 25, 2009 12:00 p.m. – 1:00 p.m. Joyal 203	<b>Learn at Lunch</b> Depression and College Stress Among University Undergraduates: Do Matter and Self-esteem Make a Difference?” Dixon, S.K. & Robinson Kurpius, S.E. (2008). Journal of College Student Development, 49(5), 412-424. Learning Outcome: Participants in the Learn at Lunch series will gain additional information regarding current and seminal Student Affairs literature as demonstrated by their reading and discussion of chosen material. Open to all members of the Division regardless of experience (participate at your level of comfort).
Friday, March 27, 2009 5 or 6 p.m. Location: TBA	<b>Boys Club of Fresno County: Boys Night Out</b> Shawna Blair, Program Advisor for USU; This event pairs boys with a “big buddy” for lighthearted competition, games, food, and prizes. Help inspire a child to go to college and believe in their dreams. Men are needed only for Boys Night Out. Email Shawna at shblair@csufresno.edu for more information.
Monday, March 30, 2009	<b>CARE Bucks: third drawing</b>
Friday, April 3, 2009 5 or 6 p.m. Location: TBA	<b>Girls Club of Fresno County: Girls Night Out</b> Shawna Blair, Program Advisor for USU; This event pairs girls with a “big buddy” for lighthearted competition, games, food, and prizes. Help inspire a child to go to college and believe in their dreams. Women are needed only for Girls Night Out. Email Shawna at shblair@csufresno.edu for more information.
April 6 – 9, 2009 Bulldog Pantry is located at 2311 E. Shaw (at Jackson and Shaw, west of Maple on the south side of Shaw)	<b>Division of Student Affairs Food Drive for the Bulldog Pantry</b> The Bulldog Pantry is a Fresno State student run food pantry serving families in need in the neighborhoods surrounding the campus. The pantry provides groceries to families every Saturday from 9 a.m. to 10:30 a.m. Opening in November 2007, the pantry began serving 20 families a week; to date, they serve over 120 families every week!
Tuesday, April 7, 2009 10 a.m. – 12 noon USU 312	<b>Grant Writing: Part I and Part II</b> Kristin Layous, Career Services Part I will be from 10 a.m. to 11 a.m.; Part II (for those who have already attended the previous Grant Writing workshop) will be from 11 a.m. to 12 noon
Friday, April 10, 2009 5 p.m. Bulldog Pantry	<b>Bulldog Pantry: packing bags</b> Help pack groceries for families for distribution; email Jessica Medina at jwatkins@csufresno.edu if you are interested in volunteering no later than April 6 <sup>th</sup> .
Saturday, April 11, 2009 8:30 a.m. – 10:30 a.m.	<b>Bulldog Pantry: distributing food</b> Help distribute grocers for neighborhood families; email Jessica Medina at <a href="mailto:jwatkins@csufresno.edu">jwatkins@csufresno.edu</a> if you are interested

	in volunteering no later than April 6 <sup>th</sup> .
Monday, April 13, 2009 9 a.m. -11 a.m. USU 312-314	<b>“Raving Fans to Lunatics: Motivating Your Team</b> Jill Wagner (University Communications) Find out ways to motivate your team and keep up office morale for no to low cost. Fun and simple ways to keep your team coming to work excited and fresh. Learn ways to energize your meetings and more!
Tuesday, April 21, 2009 7 p.m. Satellite Student Union	<b>“Pay It Forward”</b> Donovan Nichols; hosted by USU Productions
Wednesday, April 22 <sup>nd</sup> 12-1pm Joyal 203	<b>Learn at Lunch</b> Article to be announced
Wednesday, April 29, 2009	<b>CARE Bucks: fourth drawing</b>
Thursday, April 30, 2009 12 noon – 2 p.m. Health Center Conference Room	<b>“Dealing with Distressed Students”</b> The workshop is designed to help staff within the Division of Student Affairs to increase skills at providing service to students in distress. It includes how to effectively address/manage these situations. Participants will learn to recognize signs of distress, how to respond productively in difficult situations, and where help is available. Dr. Gena Gechter and Dr. Leslie Weiser will be facilitating this workshop. Both are clinical psychologists at University Health and Psychological Services. Dr. Weiser provides a full range of therapeutic services to students and specializes in anxiety/mood management, diversity and LGBT issues. Dr. Gechter also offers a full range of therapeutic services and specializes in providing services to students with disabilities, differential diagnosis and crisis management.
Wednesday, May 20 <sup>th</sup> 12-1pm Joyal 203	<b>Learn at Lunch</b> Article to be announced

DIVISION OF STUDENT AFFAIRS PROFESSIONAL DEVELOPMENT COMMITTEE MEMBERS

\*SHAWNA BLAIR \* SANDI DUGGER \* EDDIE DOMINGUEZ \* JOYCE ESTER

\*MARTINA GRANADOS \*KRISTIN LAYOUS \*JESSICA MEDINA

\*NANCY OBA \*LESLIE WEISER